

March 2026

McKnight Place Extended Care - Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service 12:15 Lunch Music with Rob 2:00 Movie Matinee/FV 2:30 Bingo 3:45 Neighborhood Cart: Beverages	2 10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: Bean Bag Toss 11:00 Strolling Artist 1:45 Neighborhood Cart: Pick a Flower 2:00-3:30 Strolling Social Hour w/Deb 3:00 Strolling Artist 3:15 Bingo	3 10:00 Art Creation with Remy 10:00 Neighborhood Cart: Exercise 10:00 Neighborhood Cart: Daily News 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Hit'em 10:45 Neighborhood Cart: Candy 2:00 Shamrock Bingo 2:00 Neighborhood Cart: Ice Cream 2:30 Neighborhood Cart: Ring Toss 3:15 Strolling Artist 3:15 Tea Social/Celtic Woman/M. Gems 3:15 Neighborhood C: would you rather	4 10:00 Dancercise 10:00 Neighborhood Cart: Specialty Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Pet Therapy/Iris 12:15 Lunch Music with Matt Davis 1:30 Strolling Artist 2:00 Neighborhood Cart: Popcorn 2:00 Movie Matinee/Dancing Lughansa popcorn & soda 3:15 Neighborhood Cart: Lemonade 3:45 Strolling Artist	5 10:00 Easy Art with Remy 10:30 Wellness Exercise Class 11:00 Fun & Games 11:00 Neighborhood Cart: Balloon Swat 2:00 Neighborhood Cart: Hand Massage 2:30 Neighborhood Cart: Word Game 2:30 Social Hour with Ken Roberts 3:15 Neighborhood Cart: IPAD Games 3:30 Neighborhood Cart: Ukulele 3:45 Women Artist Discussion 3:45 Neighborhood Cart: Big Dice Game	6 10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Bulls Eye Game 10:15 Fun n' Games 10:45 Irish Carpet Bowling 11:00 Neighborhood Cart: Finish Phrase 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Memories 2:00 Wii- Deal or No Deal 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Irish Hangman 3:30 Art Expressions 3:45 Neighborhood Cart: Wine & Cheese	7 10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner	
8 10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service 12:15 Lunch Music with Rob 2:00 Movie Matinee/FV 3:45 Neighborhood Cart: Beverages	9 10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Pet Therapy/Stella & Hunter 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: March Fun Facts 1:45 Neighborhood Cart: Shake Out Truth 2:00 Neighborhood Cart: Hand Massages 2:00 Strolling Social Hour w/Deb 3:00 Neighborhood Cart: Taste Testing Sparkling Waters 3:15 Bingo 3:45 Neighborhood Cart: Ring Toss	10 10:00 Art Creation with Remy 10:00 Neighborhood Cart: Famous Person 10:00 Neighborhood Cart: Exercise 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Daily News 10:45 Neighborhood Cart: Name 10 Game 2:00 Leprechaun Bingo 2:00 Neighborhood Cart: Slot Machine 2:30 Neighborhood Cart: Lemonade 3:15 Strolling Artist 3:15 Tea Social/Best of Riverdance 3:15 Neighborhood Cart: 3 Match Game	11 10:00 Dancercise 10:00 Neighborhood Cart: Irish Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Neighborhood Cart: Roll-a-pair 12:15 Lunch Music with Matt Davis 1:30 Strolling Artist 2:00 Neighborhood Cart: Popcorn 2:00 Movie/Celtic Woman-New Journey popcorn & soda 3:15 Neighborhood Cart: Horseshoes 3:45 Strolling Artist	12 10:00 Easy Art with Remy 10:30 Wellness Exercise Class 10:30 Pet Therapy: Libby & Lucy 11:00 Fun & Games 2:00 Neighborhood Cart: Hand Massage 2:30 Neighborhood Cart: IPAD games 2:30 Social Hour with Raged Blade 3:15 Neighborhood Cart: Meet me in STL 3:30 Neighborhood Cart: Ukulele w/Joy 3:45 Women Artist Discussion 3:45 Neighborhood Cart: Noodle Bopp	13 10:00 Irish Chair Dancing 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Balloon Bopp 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Finish Phrase 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Pick a Memory 2:00 Board Games 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Spring Hangman 3:30 Art Expressions 3:45 Neighborhood Cart: Wine & Cheese	14 10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Pi Social  St. Louis Pi Day	
15 10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service 12:15 Lunch Music with Rob 2:00 Movie Matinee/FV 2:30 Bingo 3:45 Neighborhood Cart: Beverages	16 10:00 Fun Fitness 10:00 Neighborhood Cart: St. Pat's Dice game 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: Rainbow 11:00 Strolling Artist 1:45 Neighborhood Cart: Hand Massages 2:00 Strolling Social Hour w/Deb 3:00 Strolling Artist 3:15 Bingo	17 St. Patrick's Day 🍀🍀🍀 10:00 Art Creation with Remy 10:00 Neighborhood Cart: Irish Exercise 10:00 Neighborhood Cart: Irish Wheel 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Lucky Charms 10:45 Neighborhood Cart: flip 4 shamrock 2:30 Neighborhood Cart: Irish Trivia 2:30 St. Patrick's Day Party Thayne Bradford Duo 3:15 Strolling Artist 3:45 Neighborhood C: would you rather?	18 10:00 Dancercise 10:00 Neighborhood Cart: Specialty Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Pet Therapy/Iris 12:15 Lunch Music with Matt Davis 1:30 Strolling Artist 2:00 Neighborhood Cart: Popcorn 2:00 Movie Matinee/Finian's Rainbow popcorn & soda 3:15 Neighborhood Cart: Horseshoes 3:45 Strolling Artist	19 10:00 Easy Art with Remy 10:00 Neighborhood Cart: Roulette Wheel 11:00 Fun & Games 11:00 Missouri Botanical Gardens 2:30 Neighborhood Cart: Eyeglass Station 2:30 Social Hour with Bill Lynch 3:30 Neighborhood Cart: Hit'em Up 3:45 Women Artist Discussion 3:45 Neighborhood Cart: March Madness	20 Spring Begins 10:00 Morning Stretch 10:00 Neighborhood Cart: Spring Wheel 10:15 Fun n' Games 10:45 Music Therapy with Deb 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Drivers Test 2:00 Wii- Deal or No Deal 3:15 Neighborhood Cart: Snack 3:30 Art Expressions 3:45 Neighborhood Cart: Wine & Cheese	21 10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner	
22 10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service 12:15 Lunch Music with Rob 2:00 Movie Matinee/FV 2:30 Bingo	23 10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Pet Therapy/Stella & Hunter 10:45 Music Therapy/Isabelle 11:00 Strolling Artist 1:45 Neighborhood Cart: Memories 2:00 Strolling Social Hour w/Deb 3:00 Strolling Artist 3:15 Bingo 3:45 Neighborhood Cart: Ring Toss	24 10:00 Art Creation with Remy 10:00 Neighborhood Cart: Exercise 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Slot Machine 2:00 Luck of the Irish Bingo 2:00 Neighborhood Cart: Hand Massages 2:30 Neighborhood Cart: Candy 3:15 A Taste of Ireland/Ireland Travels 3:15 Strolling Artist 3:15 Neighborhood Cart: Snack	25 10:00 Dancercise 10:00 Neighborhood Cart: Specialty Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Neighborhood Cart: Classic Movie 11:30 Resident Council Meeting 12:15 Lunch Music with Matt Davis 2:00 Neighborhood Cart: Popcorn 2:00 Neighborhood Cart: Lemonade 2:00 Movie Matinee/Quiet Man popcorn & soda 3:15 Neighborhood Cart:Famous Picture 3:15 Neighborhood Cart: Name 10 Game	26 10:00 Easy Art with Remy 10:30 Wellness Exercise Class 11:00 Baseball Fun & Games 3:15 Cardinals Game 3:45 Women Artist Discussion 3:45 Neighborhood Cart: Fredbird Visits 	27 10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:15 Fun n' Games 10:45 Music Therapy with Deb 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Raffle Prize 2:00 Board Games 3:15 Neighborhood Cart: Scentsy Game 3:30 Art Expressions/ Beer Pub & Paint 3:45 Neighborhood Cart: Wine & Cheese	28 10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner	
29 10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service 12:15 Lunch Music with Rob 2:00 Movie Matinee/FV 2:30 Bingo	30 10:00 Fun Fitness 10:00 Neighborhood Cart: Bunny Toss 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: Snack 2:00 Neighborhood Cart: Girl Scout Cookies 2:00 Strolling Social Hour /Deb 3:15 Bingo	31 10:00 Art Creation with Remy 10:00 Neighborhood Cart: Exercise 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Slot Machine 2:00 Bingo 2:00 Pre Passover Seder Service 3:15 Strolling Artist 3:15 Neighborhood Cart: Egg Drop Game 3:15 Tea Social/Celtic Thunder	 <p>🍀🍀🍀 HAPPY ST. PATRICK DAY 🍀🍀🍀</p>			<p>All activities subject to change. See daily activity board for changes.</p> <p>Neighborhood Cart 1:1 Visits at various times throughout the week.</p> <p>Newspapers & Mail Delivered 9am Daily</p>	