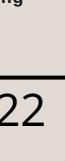


# January Assisted Living Daily Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Location Key</b> GC: Garden Café 2AR: Activity Room, 2nd Floor 3AR: Art & Music Room, 3rd Floor TH: Theater GL: Grand Lounge RL: Resident Lounge C: Courtyard CD: Circle Drive CR: Club Room		<b>Please Note:</b> Events are subject to change. Please see the daily schedule for updates.		<b>New Years Day</b> 9:30am News & Brews - GC 10:00am On This Day in History & The Monthly Gazette - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am New Years Fill-In - GC <b>1:30pm-2:30pm Dog Therapy Visits with Maisie</b> 1:30pm Documentary: Sunday Best - TH 1:30pm Afternoon Puzzles - GC 2:30pm Group Game: Dominoes - GC 3:30pm How Auld Lang Syne took over the world - GC 4:00pm Happy Hour - GC	<b>1</b> 	9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Call of the Wild: Songs of the Last Frontier - GC 11:00am Facts & Fun Trivia - TH <b>11:30am Parkinson's Wellness Workout with Charlie - TH</b> 1:30pm Movie Matinee: Respect - TH 1:30pm Midday Mysteries - GC 2:00pm Bridge Club - 2AR 2:30pm Group Game: Trouble - GC 3:15pm Antique Guessing Game - TH 4:00pm Happy Hour - GC
10:30am News & Brews - GC 10:30am Queen of All Saints Catholic Mass Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Made For Each Other - TH 1:30pm Afternoon Puzzles - GC 2:30pm Group Game: Scrabble - GC 3:30pm January Birthdays Trivia - GC <b>4:00pm Happy Hour with Matt Davis - GC</b>	4 9:30am News & Brews - TH 10:00am On This Day In History - TH 10:30am Giant Crossword Puzzle - TH <b>11:15am Stretch Yoga Class - TH</b> <b>1:30pm-2:30pm Dog Therapy Visits with Daisy</b> 1:30pm Movie Matinee: Our Souls At Night - TH 1:30pm Midday Mysteries - GC 2:00pm Bridge Club - 2AR 2:30pm Group Game: Rummikub - GC 3:30pm Alaska and Moose Trivia - GC 4:00pm Happy Hour - GC	5 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Sunrise Stretch - GC <b>10:30am Catholic Mass - TH</b> 11:15am Group Game: Who Am I In This Wedding? - GC 1:30pm Documentary: St. Louis Centuries: The Steamboat Years: St. Louis 1859-1875 - TH <b>2:30pm Entertainment Ft. Rekha Dravina - GL</b> 3:30pm Jack London & the Call of the North - GC 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR	6 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Random Music Trivia - GC 11:15am Poke Art Craft - 2AR 1:30pm Blown Away: All Grown Up - TH 2:00pm Book Club - 3AR 2:15pm Group Game: Uno - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Popcorn & Comedy Hour: Man vs. Baby - TH <b>4:00pm Happy Hour with Mike - GC</b> 6:30pm Art Lecture: Favorite Landscape Painters Part III - TH	7 9:30am News & Brews - GC 10:00am On This Day in History - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am Name That 60's Tune - GC <b>1:30pm-2:30pm Dog Therapy Visits with Maisie</b> 1:30pm Documentary: Our Oceans: Arctic Ocean - TH 1:30pm Art Class - 3AR 2:30pm Group Game: Rummikub - GC 3:30pm Game Time: Sports Trivia - GC 4:00pm Happy Hour - GC	8 	9 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH <b>11:15am Jewelry Making with Rhonda - TH</b> 1:30pm Movie Matinee: Legally Blonde - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - 2AR 2:30pm Group Game: Sequence - GC 3:30pm Who Am I? Trivia - GC 4:00pm Happy Hour - GC
10:30am News & Brews - GC 10:30am Ladue Chapel Church Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: My Big Fat Greek Wedding - TH 1:30pm Afternoon Puzzles - GC 2:30pm Group Game: Scrabble - GC 3:30pm January Random Trivia - GC 4:00pm Happy Hour - GC	11 9:30am News & Brews - TH 10:00am On This Day In History - TH 10:30am Stick Moose - TH <b>11:15am Stretch Yoga Class - TH</b> <b>1:30pm-2:30pm Dog Therapy Visits With Daisy</b> 1:30pm Movie Matinee: The Post - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - 2AR 2:30pm Group Game: Uno - GC 3:30pm Who Am I? Trivia - GC <b>4:00pm Penguin Party Happy Hour with Robert Row - GC</b>	12 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Sunrise Stretch - GC <b>10:30am Catholic Mass - TH</b> <b>11:15am Stella's Baking Group - 2AR</b> 1:30pm Documentary: St Louis Centuries: That Fabulous Summer - TH 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft Matt Davis - GL</b> 3:30pm Food Science: Myth or Fact - TH 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR	13 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC <b>11:15am Star of the Month: Jason Bateman - TH</b> 1:30pm Blown Away: Nature Calls - TH 2:00pm Book Club - 3AR <b>3:00pm Exercise with Jason - TH</b> 3:30pm Popcorn & Comedy Hour: Grace and Frankie - TH <b>4:00pm Happy Hour with Mike - GC</b> 6:30pm Art Lecture: Bay Area Figurative Movement: Part I - TH	14 9:30am News & Brews - GC 10:00am On This Day in History - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am Musical Twister - GC <b>1:30pm-2:30pm Dog Therapy Visits with Maisie</b> 1:30pm Art Class - 3AR 1:30pm Documentary: Our Great National Parks: Monterey Bay National Marine Sanctuary, USA - TH 2:30pm Ladies Tea Party & Tea Bag Filling - 2AR 3:15pm Jeopardy Trivia - TH 4:00pm Happy Hour - GC	15 	16 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am The Majestic Alaskan Moose - GC <b>11:30am Parkinson's Wellness Workout with Charlie - TH</b> 1:30pm Movie Matinee: Mannequin - TH 1:30pm Midday Mysteries - GC 2:00pm Bridge Club - 2AR 2:30pm Group Game: Rummikub - GC 3:15pm Travelogue: Anchorage, Alaska - TH <b>4:00pm Happy Hour with Matt Davis - GC</b>
10:30am News & Brews - GC 10:30am Queen of All Saints Catholic Mass Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Rustin - TH 1:30pm Afternoon Puzzles - GC 2:30pm Group Game: Scrabble - GC 3:30pm Martin Luther King Jr. Jeopardy Trivia - GC 4:00pm Happy Hour - GC	18 <b>Martin Luther King Jr. Day</b> 9:30am From Selma to Montgomery - TH 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - TH <b>11:15am Stretch Yoga Class - TH</b> <b>1:30pm-2:30pm Dog Therapy Visits with Daisy</b> 1:30pm Movie Matinee: Hidden Figures - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - 2AR 2:15pm Group Game: Rummikub - GC <b>3:30pm National Popcorn Day - GC</b> 4:00pm Happy Hour- GC	19 9:30am News & Brews - GC 10:00am On This Day In History - GC 10:30am Finish the Phrase - GC <b>10:30am Catholic Mass - TH</b> <b>11:15am Mike's Cooking Demo - 2AR</b> 1:30pm Documentary: St. Louis Centuries: The Secrets of St. Louis - TH 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft. E.J. Glaser - GL</b> 3:30pm More Jeopardy Trivia - TH 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR	20 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Finish the Phrase - GC <b>11:15pm I've Been Everywhere Craft &amp; Chat - TH</b> <b>1:30pm Wellness Presentation with Kim - TH</b> 2:00pm Book Club - 3AR 2:15pm Group Game: Uno - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Popcorn & Comedy Hour: Nate Bargatze: The Tennessee Kid - TH <b>4:00pm Happy Hour with Mike - GC</b> 6:30pm Art Lecture: Bay Area Figurative Movement: Part II - TH	21 9:30am News & Brews - GC 10:00am On This Day in History - GC <b>10:30 Exercise with Charlie - TH</b> 11:15pm 50's & 60's Rock & Roll Bingo - GC 1:30pm Art Class - 3AR 1:30pm Documentary: Greatest Events of WWII In Color: Battle of Midway - TH <b>2:15pm Parkinson's Wellness Support Group - 2AR</b> 2:30pm Group Game: Uno - GC 3:30pm What Am I? Trivia - GC 4:00pm Happy Hour - GC	22 	23 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Thai Chi Exercise DVD - TH 11:15 January Month of Musicians - TH 1:30pm Art Class - 3AR 1:30pm Movie Matinee: Forever Darling - TH 2:00pm Bridge Club - 2AR <b>2:30pm Paint &amp; Sip - 2AR</b> 3:15pm Random Trivia - GC 4:00pm Happy Hour - GC
10:30am News & Brews - GC 10:30am Ladue Chapel Church Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Two Mules For Sister Sara - TH 1:30pm Afternoon Puzzles - GC 2:30pm Group Game: Scrabble - GC 3:30pm January Category Trivia - GC 4:00pm Happy Hour - GC	25 9:30am News & Brews - TH 10:00am On This Day In History - TH 10:30am Giant Crossword Puzzle - TH <b>11:15am Stretch Yoga - TH</b> <b>1:30pm-2:30pm Dog Therapy Visits with Daisy</b> 1:30pm Movie Matinee: 27 Dresses - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - 2AR 2:30pm Group Game: Rummikub - GC 3:30pm Random Trivia - GC <b>4:00pm Happy Hour with Robert Row - GC</b>	26 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Sunrise Stretch - GC <b>10:30am Catholic Mass - TH</b> <b>11:15am Mozart: The First Rockstar - GC</b> <b>1:30pm Resident Council Meeting - TH</b> 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft. Dan Hoerle - GL</b> <b>3:30pm National Chocolate Cake Day - GC</b> 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR	27 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Z to A Musical Trivia - GC 11:15am Who Did It? - GC 1:30pm Blown Away: Highs & Lows - TH 2:00pm Book Club - 3AR 2:15pm Group Game: Rummikub - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Popcorn & Comedy Hour: Seinfeld - TH <b>4:00pm Happy Hour with Mike - GC</b> 6:30pm Art Lecture: Art Informel: Part I - TH	28 	29 	30 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - GC 11:15 Facts & Fun Trivia - TH 1:30pm Midday Mysteries - GC 1:30pm Movie Matinee: Cast Away - TH 2:00pm Bridge Club - 2AR 2:30pm Group Game: Trouble - GC 3:15pm 1960's Trivia - GC 4:00pm Happy Hour - GC
10:30am News & Brews - GC 10:30am Ladue Chapel Church Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Two Mules For Sister Sara - TH 1:30pm Afternoon Puzzles - GC 2:30pm Group Game: Scrabble - GC 3:30pm January Category Trivia - GC 4:00pm Happy Hour - GC	25 9:30am News & Brews - TH 10:00am On This Day In History - TH 10:30am Giant Crossword Puzzle - TH <b>11:15am Stretch Yoga - TH</b> <b>1:30pm-2:30pm Dog Therapy Visits with Daisy</b> 1:30pm Movie Matinee: 27 Dresses - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - 2AR 2:30pm Group Game: Rummikub - GC 3:30pm Random Trivia - GC <b>4:00pm Happy Hour with Robert Row - GC</b>	26 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Sunrise Stretch - GC <b>10:30am Catholic Mass - TH</b> <b>11:15am Mozart: The First Rockstar - GC</b> <b>1:30pm Resident Council Meeting - TH</b> 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft. Dan Hoerle - GL</b> <b>3:30pm National Chocolate Cake Day - GC</b> 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR	27 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Z to A Musical Trivia - GC 11:15am Who Did It? - GC 1:30pm Blown Away: Highs & Lows - TH 2:00pm Book Club - 3AR 2:15pm Group Game: Rummikub - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Popcorn & Comedy Hour: Seinfeld - TH <b>4:00pm Happy Hour with Mike - GC</b> 6:30pm Art Lecture: Art Informel: Part I - TH	28 	29 	31 10:00am United Hebrew Shabbat Service Livestream - TH 10:30am News & Brews - GC 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Du Barry Was A Lady - TH 1:30pm Afternoon Puzzles - GC 2:15pm Rummikub - GC 3:15pm Bingo - GC 4:00pm Happy Hour - GC