

# February 2026

# McKnight Place Extended Care - Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 2:30 Bingo 3:45 Neighborhood Cart: Beverages	2  Groundhog Day  10:00 <b>Whack a Groundhog Game</b> 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: Exercise 11:00 Strolling Artist 1:45 Neighborhood Cart: <b>Groundhog Day</b> <b>2:00 Strolling Social Hour w/Deb</b> 3:15 <b>Whack a Groundhog Game</b>	3  10:00 Art Creation with Remy 10:00 Neighborhood Cart: Daily News 10:00 Neighborhood Cart: Exercise 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: <b>Candy Wheel</b> 10:45 Neighborhood Cart: Hit'em Up 2:00 Bingo 2:00 Neighborhood Cart: Ice Cream 2:00 Neighborhood Cart: Would you rather? 3:15 Strolling Artist 3:15 Social - Hot Cocoa Bar 3:15 Neighborhood Cart: Slot Machine	4  10:00 Dancercise 10:00 Neighborhood Cart: Love Hangman 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Pet Therapy/Iris 11:00 Neighborhood Cart: Beverages <b>12:15 Lunch Music with Matt Davis</b> 1:30 Strolling Artist 2:00 Neighborhood Cart: Hand Massage 2:00 Neighborhood Cart: Popcorn 2:00 Movie Matinee/popcorn & soda 3:15 Neighborhood Cart: Lemonade 3:15 Neighborhood Cart: Cookies 3:45 Strolling Artist	5  10:00 Easy Art with Remy 10:30 Wellness Exercise Class 11:00 Fun & Games 2:30 Neighborhood Cart: Hand Massage <b>2:30 Social Hour/B.B. Boomers</b> 3:30 Neighborhood Cart: IPAD Games 3:45 <b>Art Expressions Discussion Black History</b> 3:45 Neighborhood Cart: Roulette	6  10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Bulls Eye Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Finish Phrase 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Memories 2:00 <b>Black History Bingo</b> 🎉 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Superbowl 3:30 <b>Art Expressions: Valentine Cards</b> 3:45 Neighborhood Cart: Wine & Cheese	7  10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner
8  10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 3:45 Neighborhood Cart: Beverages 5:30 Superbowl Game	9  10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:00 Neighborhood Cart: Hot Cocoa 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: Bean Bag Toss 11:00 Neighborhood Cart: Music 1:45 Neighborhood Cart: Shake Out Truth 2:00 Neighborhood Cart: Hand Massage <b>2:00 Strolling Social Hour w/Deb</b> 3:15 Bingo	10  10:00 Art Creation with Remy 10:00 Neighborhood Cart: Famous Person 10:00 Neighborhood Cart: Exercise 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Daily News 10:45 Neighborhood Cart: <b>Chocolate</b> 2:00 <b>Valentine Bingo</b> ❤️  2:00 Neighborhood Cart: Slot Machine 2:00 Neighborhood Cart: Music 3:15 Strolling Artist 3:15 Tea Social 3:15 Neighborhood Cart: Snack	11  10:00 Dancercise 10:00 Neighborhood Cart: Specialty Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Neighborhood Cart: Roll-a-pair <b>12:15 Lunch Music with Matt Davis</b> 1:30 Strolling Artist 2:00 Neighborhood Cart: Popcorn 2:00 Movie Matinee/popcorn & soda 3:15 Neighborhood Cart: Lemonade 3:45 Strolling Artist	12  10:00 Easy Art with Remy 10:30 Wellness Exercise Class 10:30 Pet Therapy: Libby & Lucy 11:00 Fun & Games 2:00 Neighborhood Cart: Hand Massage 2:00 Neighborhood Cart: IPAD games <b>2:30 Social Hour/John Scott</b> 3:15 Neighborhood Cart: Meet me in STL 3:30 Neighborhood Cart: Ukulele w/Joy 3:45 <b>Art Expressions Discussion President's Day</b> 3:45 Neighborhood Cart: Noodle Bopp	13  10:00 Valentine Boogie Exercise 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: <b>Cupid Exercise</b> 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: <b>Cupid Candy Hearts</b> 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: <b>Love Hangman</b> 2:30 <b>Valentine's Day Party/Beno &amp; Tom Pink Cream Soda's</b> 3:30 <b>Art Expressions: Mardi Gras Masks</b> 3:45 Neighborhood Cart: Wine & Cheese	14  10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner
15  10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 2:30 Bingo	16  President's Day  10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Pet Therapy/Stella & Hunter 11:00 Strolling Artist 1:45 Neighborhood Cart: <b>Presidents Wheel</b> <b>2:00 Strolling Social Hour w/Deb</b> 3:00 Strolling Artist 3:15 <b>President's Bingo</b> 🎉 3:45 Neighborhood Cart: Ring Toss	17  10:00 Art Creation with Remy 10:00 Neighborhood Cart: Exercise 10:00 Neighborhood Cart: <b>Chinese Wheel</b> 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: <b>Chinese N.Year</b> 11:00 Pet Therapy/Iris 10:45 Neighborhood Cart: Candy 2:00 Neighborhood Cart: Ice Cream 2:00 <b>Mardi Gras Bingo</b> 🎉  2:00 Neighborhood Cart: Music 3:15 <b>Winter Olympics Social</b> 3:15 Strolling Artist 3:15 Neighborhood Cart: Famous People	18  10:00 Dancercise 10:15 Fun n' Games 10:30 Catholic Mass/Ash Wed. 11:00 Pet Therapy/Iris <b>12:15 Lunch Music with Matt Davis</b> 1:30 Strolling Artist 2:00 Neighborhood Cart: Popcorn 2:00 Movie Matinee/popcorn & soda 3:15 Neighborhood Cart: Horseshoes 3:45 Strolling Artist	19  10:00 Easy Art with Remy 10:00 Neighborhood Cart: Roulette 10:00 Neighborhood Cart: Balloon Swat 10:15 Fun & Games 11:00 Missouri Botanical Gardens 11:00 Neighborhood Cart: Feb. Trivia 2:00 Neighborhood Cart: IPAD games <b>2:30 Mardi Gras Party/Gaslight Square Band</b> 🎉 3:15 Neighborhood Cart: Hit'em 3:45 <b>Art Expressions Discussion Black History</b> 3:45 Neighborhood Cart: Ukulele w/Joy	20  10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Bull's Eye Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Drivers Test 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Memories 2:00 Board Games 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: <b>Winter Game</b> 3:30 Art Expressions 3:45 Neighborhood Cart: Wine & Cheese	21  10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner
22  10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 2:30 Bingo	23  10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: Bean Bag Toss 11:00 Strolling Artist 1:45 Neighborhood Cart: Memories <b>2:00 Strolling Social Hour w/Deb</b> 3:00 Strolling Artist 3:15 Bingo 3:45 Neighborhood Cart: Ring toss	24  10:00 Art Creation with Remy 10:00 Neighborhood Cart: Exercise 10:00 Neighborhood Cart: Famous Picture 10:45 Music Therapy/Kelly 10:45 Neighborhood Carts: Daily News 10:45 Neighborhood Cart: Slot Machine 2:00 <b>Chinese New Year Bingo</b> 🎉  2:00 Neighborhood Cart: Word Game 2:00 Neighborhood Cart: Massage 3:15 Men's Club 3:15 Strolling Artist 3:15 Neighborhood Cart: Candy	25  10:00 Dancercise 10:00 Neighborhood Cart: Specialty Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Neighborhood Cart: Classic Movie 11:00 Resident Council Meeting <b>12:15 Lunch Music with Matt Davis</b> 1:30 Strolling Artist 2:00 Neighborhood Cart: Hand Massages 2:00 Movie Matinee/popcorn & soda 3:15 Neighborhood Cart: Lemonade 3:45 Strolling Artist	26  10:00 Easy Art with Remy 10:00 Neighborhood Cart: Roulette 10:00 Neighborhood Cart: Scentsy Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Finish Phrase 11:00 Neighborhood Cart: Music History 3:45 <b>Art Expressions Discussion Black History</b> 3:45 Neighborhood Cart: This or That 3:45 Neighborhood Cart: Baked Goods	27  10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Scentsy Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Finish Phrase 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Eyeglass cleaning 2:00 Bingo 2:15 Neighborhood Cart: <b>Chinese New Year</b> 3:15 Neighborhood Cart: Raffle 3:30 Art Expressions 3:45 Neighborhood Cart: Wine & Cheese	28  10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner
All activities subject to change. See daily activity board for changes.  Neighborhood Cart 1:1 Visits at various times throughout the week.  Newspapers & Mail Delivered 9am Daily						