

# January 2026

# McKnight Place Extended Care - Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities subject to change. See daily activity board for changes.</p> <p>Neighborhood Cart 1:1 Visits at various times throughout the week.</p> <p>Newspapers &amp; Mail Delivered 9am Daily</p>	 <div style="background-color: red; color: white; padding: 10px; text-align: center; font-size: 2em; font-weight: bold;">Playing in a Winter Wonderland</div> 			<p>Happy New Year <sup>1</sup></p>  <p>10:00 Exercise 10:15 Fun &amp; Games <b>2:30 Social Hour with Ken Roberts</b> 3:45 Neighborhood Cart: New Years</p>	<p><sup>2</sup></p> <p>10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Bulls Eye Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Finish Phrase 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: new years resolutions <b>2:00 Ring in New Years' Bingo</b> 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Winter Fun Facts 3:30 Art Expressions 3:45 Neighborhood Cart: NY Hangman 3:45 Neighborhood Cart: Wine &amp; Cheese</p>	<p><sup>3</sup></p> <p>10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner</p>
<p><sup>4</sup></p> <p>10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 3:45 Neighborhood Cart: Beverages</p>	<p><sup>5</sup></p> <p>9:00 Un-deck the Halls 10:45 Music Therapy/Isabelle 11:00 Strolling Artist 1:45 Neighborhood Cart: Pick a Flower <b>2:00 Strolling Social Hour w/Deb</b> 3:00 Strolling Artist 3:15 Bingo</p>	<p><sup>6</sup></p> <p>10:00 Art Creation with Remy 10:00 Neighborhood Cart: WinterExercise 10:00 Neighborhood Cart: Daily News 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Hit'em 10:45 Neighborhood Cart: Candy 2:00 Bingo 2:00 Neighborhood Cart: Ice Cream 2:00 Neighborhood Cart: New Years Hangman 3:15 Strolling Artist <b>3:15 Winter Tea &amp; cookie Social</b> 3:15 Neighborhood Cart: Slot Machine</p>	<p><sup>7</sup></p> <p>10:00 Dancercise 10:00 Neighborhood Cart: Winter Sports 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Pet Therapy/Iris <b>12:15 Lunch Music with Matt Davis</b> 2:00 Neighborhood Cart: Popcorn 2:00 Neighborhood Cart: <b>2:00 Movie Matinee/Jack Frost popcorn &amp; soda</b> 3:15 Neighborhood Cart: Lemonade 3:15 Neighborhood Cart: Cookies</p>	<p><sup>8</sup></p> <p>10:00 Easy Art with Remy 10:30 Wellness Exercise Class 10:30 Pet Therapy: Libby &amp; Lucy 11:00 Fun &amp; Games 2:00 Neighborhood Cart: Hand Massage 2:30 Neighborhood Cart: IPAD games <b>2:30 Social Hour with Chad Evans</b> 3:15 Neighborhood Cart: STL Blues 3:30 Neighborhood Cart: Ukulele w/Joy 3:45 Art Expressions Discussion 3:45 Neighborhood Cart: Noodle Bop</p>	<p><sup>9</sup></p> <p>10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Balloon Bopp 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Finish Phrase 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Snowflake Game 2:00 Board Games 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Winter Wonderland 3:30 Art Expressions 3:45 Neighborhood Cart: Name Ten Game 3:45 Neighborhood Cart: Wine &amp; Cheese</p>	<p><sup>10</sup></p> <p>10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner</p>
<p><sup>11</sup></p> <p>10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 2:30 Bingo 3:45 Neighborhood Cart: Beverages</p>	<p><sup>12</sup></p> <p>10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Pet Therapy/Stella &amp; Hunter 11:00 Strolling Artist 1:45 Neighborhood Cart: Shake Out Truth <b>2:00 Strolling Social Hour w/Deb</b> 3:00 Strolling Artist 3:15 Bingo</p>	<p><sup>13</sup></p> <p>10:00 Art Creation with Remy 10:00 Neighborhood Cart: Famous Person 10:00 Neighborhood Cart: Exercise 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Daily News 10:45 Neighborhood Cart: Football Toss <b>2:00 Snowflake Bingo</b> 2:00 Neighborhood Cart: Slot Machine 2:00 Neighborhood Cart: winter animal balloons 3:15 Strolling Artist <b>3:15 Hot Chocolate Social</b></p>	<p><sup>14</sup></p> <p>10:00 Dancercise 10:00 Neighborhood Cart: Specialty Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Neighborhood Cart: Roll-a-pair <b>12:15 Lunch Music with Matt Davis</b> 1:30 Strolling Artist 2:00 Neighborhood Cart: Popcorn <b>2:00 Movie Matinee/Snow Dogs popcorn &amp; soda</b> 3:15 Neighborhood Cart: Lemonade 3:45 Strolling Artist</p>	<p><sup>15</sup></p> <p>10:00 Easy Art with Remy 10:00 Neighborhood Cart: Roulette 10:00 Neighborhood Cart: Balloon Swat 11:00 Fun &amp; Games 11:00 Neighborhood Cart: Would you rather 11:00 Neighborhood Cart: Jan Trivia 2:00 Neighborhood Cart: Eyeglass Station 2:30 Neighborhood Cart: IPAD games <b>2:30 Social Hour w/ Scott Alberici Duo</b> 3:15 Neighborhood Cart: Hit'em 3:30 Neighborhood Cart: Tic-Tac-Toe 3:45 Art Expressions Discussion 3:45 Neighborhood Cart: Ukulele w/Joy</p>	<p><sup>16</sup></p> <p>10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Bull's Eye Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Drivers Test 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Memories 2:00 Board Games 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Snow Fun 3:30 Art Expressions 3:45 Neighborhood Cart: Winter Hangman 3:45 Neighborhood Cart: Wine &amp; Cheese</p>	<p><sup>17</sup></p> <p>10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner</p>
<p><sup>18</sup></p> <p>10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 2:30 Bingo</p>	<p><sup>19</sup></p> <p>10:00 Winter Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Neighborhood Cart: Bean Bag Toss 11:00 Strolling Artist 1:45 Neighborhood Cart: High/Low <b>2:00 Strolling Social Hour w/Deb</b> 3:00 Strolling Artist 3:15 Bingo 3:45 Neighborhood Cart: Ring Toss</p>	<p><sup>20</sup></p> <p>10:00 Art Creation with Remy 10:00 Neighborhood Cart: Exercise 10:00 Neighborhood Cart: Winter Wheel 10:45 Music Therapy/Kelly 10:45 Neighborhood Cart: Daily News 10:45 Neighborhood Cart: Candy 2:00 Neighborhood Cart: Ice Cream 2:00 Bingo 2:00 Neighborhood Cart: winter animal balloons 3:15 Strolling Artist 3:15 Aromatherapy/Facials</p>	<p><sup>21</sup></p> <p>10:00 Dancercise 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Pet Therapy/Iris <b>12:15 Lunch Music with Matt Davis</b> 1:30 Strolling Artist 2:00 Neighborhood Cart: Popcorn <b>2:00 Movie Matinee/Winter's Tale popcorn &amp; soda</b> 3:15 Neighborhood Cart: Horseshoes 3:45 Strolling Artist</p>	<p><sup>22</sup></p> <p>10:00 Easy Art with Remy 10:00 Neighborhood Cart: Roulette 10:30 Wellness Exercise Class 11:00 Fun &amp; Games 11:00 Neighborhood Cart: Winter Animals 3:45 Art Expressions Discussion 3:45 Neighborhood Cart: NY This or That 3:45 Neighborhood Cart: Soups On</p>	<p><sup>23</sup></p> <p>10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Scentsy Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Finish Phrase 12:15 Homemade Biscuit/Dining Rooms 2:00 Neighborhood Cart: Winter Hangman <b>2:00 Snowman Bingo</b> 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Winter Fashion 3:30 Art Expressions 3:45 Neighborhood Cart: Wine &amp; Cheese 3:45 Neighborhood Cart: Roll-A-Pair</p>	<p><sup>24</sup></p> <p>10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner</p>
<p><sup>25</sup></p> <p>10:00 Neighborhood Visits 10:00 Movie /FV 11:15 Christian Service <b>12:15 Lunch Music with Rob</b> 2:00 Movie Matinee/FV 2:30 Bingo</p>	<p><sup>26</sup></p> <p>10:00 Fun Fitness 10:00 Neighborhood Cart: Exercise 10:15 Fun n' Games 10:45 Music Therapy/Isabelle 10:45 Pet Therapy/Stella &amp; Hunter 11:00 Strolling Artist 1:45 Neighborhood Cart: Memories <b>2:00 Strolling Social Hour w/Deb</b> 3:00 Strolling Artist 3:15 Bingo 3:45 Neighborhood Cart: Ring Toss</p>	<p><sup>27</sup></p> <p>10:00 Art Creation with Remy 10:00 Neighborhood Cart: WinterExercise 10:00 Neighborhood Cart: Winter Sports 10:45 Music Therapy/Kelly 10:45 Neighborhood Carts: Daily News 10:45 Neighborhood Cart: Slot Machine <b>2:00 Winter Time Bingo</b> 2:00 Neighborhood Cart: Word Game 2:00 Neighborhood Cart: snoball toss <b>3:15 Winter Wonderland Social</b> 3:15 Strolling Artist 3:15 Neighborhood Cart: Snack</p>	<p><sup>28</sup></p> <p>10:00 Dancercise 10:00 Neighborhood Cart: Specialty Coffee 10:15 Fun n' Games 10:30 Catholic Mass 11:00 Neighborhood Cart: Classic Movie <b>11:30 Resident Council Meeting</b> <b>12:15 Lunch Music with Matt Davis</b> 1:30 Strolling Artist 2:00 Neighborhood Cart: popcorn <b>2:00 Movie Matinee/Winter Castle popcorn &amp; soda</b> 3:15 Neighborhood Cart: Hot Cocoa 3:45 Strolling Artist</p>	<p><sup>29</sup></p> <p>10:00 Easy Art with Remy 10:00 Neighborhood Cart: Roulette 10:30 Wellness Exercise Class 11:00 Fun &amp; Games 11:00 Neighborhood Cart: Swat Balloon 2:00 Neighborhood Cart: Hand Massages 2:30 Neighborhood Cart: Table Games <b>2:30 Classical Concert/Aria Musicians</b> 3:15 Neighborhood Cart: IPAD Games 3:30 Neighborhood Cart: Ukulele w/Joy 3:45 Art Expressions Discussion 3:45 Neighborhood Cart: Snowflake game</p>	<p><sup>30</sup></p> <p>10:00 Morning Stretch 10:00 Neighborhood Cart: Jackpot Wheel 10:00 Neighborhood Cart: Name Ten Game 10:15 Fun n' Games 10:45 Music Therapy with Deb 11:00 Neighborhood Cart: Noodle Bopp 12:15 Homemade Biscuits/Dining Rooms 2:00 Neighborhood Cart: Pick a Memory 2:00 Wii- Deal or No Deal 2:15 Neighborhood Cart: Music 3:15 Neighborhood Cart: Winter Tea 3:30 Art Expressions 3:45 Neighborhood Cart: Winter Hangman 3:45 Neighborhood Cart: Wine &amp; Cheese</p>	<p><sup>31</sup></p> <p>10:00 Fun n' Games 10:00 Sabbath Ser/Streaming 1:15 Movie/FV 2:00 Black Jack 3:15 Cappuccino Corner</p>