




March Assisted Living Daily Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30am News & Brews - GC</p> <p>10:30am Queen of All Saints Catholic Mass Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Arsenic and Old Lace - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Scrabble - GC</p> <p>3:30pm History of National Pretzel Sunday - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">30</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p>11:15am Stretch Yoga Class - TH</p> <p>1:30pm-2:30pm Dog Therapy Visits</p> <p>1:30pm Movie Matinee: Father of the Bride - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:30pm Who Am I? Trivia - GC</p> <p>4:00pm Happy Hour with Robert Row - GC</p> <p style="text-align: right;">31</p>		<p>Location Key</p> <p>GC: Garden Café</p> <p>2AR: Activity Room, 2nd Floor</p> <p>3AR: Art & Music Room, 3rd Floor</p> <p>TH: Theater</p> <p>GL: Grand Lounge</p> <p>RL: Resident Lounge</p> <p>C: Courtyard</p> <p>CD: Circle Drive</p> <p>CR: Club Room</p>	<p>Please Note:</p> <p>Events are subject to change. Please see the daily schedule for updates.</p>		<p>10:30am News & Brews & Monthly Gazette - GC</p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On this Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: The Internship - TH</p> <p>1:30pm Art Class - 3AR</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">1</p>
<p>10:30am News & Brews - GC</p> <p>10:30am Queen of All Saints Catholic Mass Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: A Hole in the Head - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Scrabble - GC</p> <p>3:30pm Random Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">2</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p>11:15am Stretch Yoga Class - TH</p> <p>1:30pm-2:30pm Dog Therapy Visits</p> <p>1:30pm Movie Matinee: Philomena - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:30pm What Am I? - GC</p> <p>4:00pm Mardi Gras Happy Hour with Robert Row - GC</p> <p style="text-align: right;">3</p>	<p>Mardi Gras</p> <p>9:30am News & Brews - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p>10:30am Catholic Mass - TH</p> <p>11:15am Hymn Choir - TH</p> <p>1:30pm Documentary: Nature's Symphony - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Entertainment Ft. The Gaslight Squares - GL</p> <p>3:30pm Mardi Gras: True or False Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: March Month of Musicians - TH</p> <p style="text-align: right;">4</p>	<p>Ash Wednesday</p> <p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish The Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm Travelogue: Wonders of Brazil - TH</p> <p>2:00pm Book Club - 3AR</p> <p>2:15pm Group Game: Uno - GC</p> <p>2:30pm Ash Wednesday Blessing - TH</p> <p>3:00pm Exercise with Jason - TH</p> <p>3:30pm Comedy Hour: Johnny Carson - TH</p> <p>4:00pm Happy Hour & Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Surrealism: Part 3 - TH</p> <p style="text-align: right;">5</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Exercise with Charlie - TH</p> <p>11:15am Musicals Trivia - TH</p> <p>1:30pm Documentary: Duke Ellington - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:30pm Group Game: Rummikub - GC</p> <p>3:30pm Movie Character Guess Who? - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">6</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Stronger Seniors Exercise DVD - TH</p> <p>11:00am Rosary - 2AR</p> <p>11:15am Jokereno - GC</p> <p>1:30pm Movie Matinee: North by Northwest - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - 2AR</p> <p>2:30pm Harp with Terri - GL</p> <p>3:30pm Travelogue: Cruising The Nile - TH</p> <p>4:00pm Happy Hour and Tunes with Matt Davis - GC</p> <p style="text-align: right;">7</p>	<p>10:30am News & Brews - GC</p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On this Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:15pm Group Game: Rummikub - GC</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">8</p>
<p>Daylight Savings Time</p> <p style="text-align: right;">9</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p>11:15am Stretch Yoga Class - TH</p> <p>1:30pm-2:30pm Dog Therapy Visits</p> <p>1:30pm Movie Matinee: Dead Poets Society - TH</p> <p>1:30pm Group Art Show - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:30pm Jeopardy Trivia - TH</p> <p>4:00pm Happy Hour with Robert Row - GC</p> <p style="text-align: right;">10</p>	<p>9:30am News & Brews - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p>10:30am Catholic Mass - TH</p> <p>11:15am Mike's Cooking Demo: Pasta E Fagioli - GC</p> <p>1:30pm Documentary: The Grassy Knoll - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:30pm Entertainment Ft. Matt Davis - GL</p> <p>3:30pm Remembering Irish Songs - GC</p> <p>4:00pm Happy Hour - GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: The Life & Career of Nat King Cole - TH</p> <p style="text-align: right;">11</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish The Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm Travelogue: Wonders of Thailand - TH</p> <p>2:00pm Book Club - 3AR</p> <p>2:15pm Group Game: Uno - GC</p> <p>3:00pm Exercise with Jason - TH</p> <p>3:30pm Comedy Hour: Johnny Carson- TH</p> <p>4:00pm Happy Hour & Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Native American Culture: Part 1 - TH</p> <p style="text-align: right;">12</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Exercise with Charlie - TH</p> <p>11:15am Name that Irish Tune - TH</p> <p>1:30pm Documentary: Monument to the Dream - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:30pm Flower Arranging with the Missouri Botanical Garden - 2AR</p> <p>3:30pm Truth or Blarney? Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">13</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p>11:15am Story of Joyous Purim - GC</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:00pm Bridge Club - GL</p> <p>2:00pm Chair Ballet Class - TH</p> <p>3:15pm St. Patrick's Shamrock Craft - 2AR</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">14</p>	<p>10:30am News & Brews - GC</p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: For the Love of the Game- TH</p> <p>1:30pm Art Class - 3AR</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">15</p>
<p>10:30am News & Brews - GC</p> <p>10:30am Queen of All Saints Catholic Mass Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Billy Elliot - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Scrabble - GC</p> <p>3:30pm Who Am I? Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">16</p>	<p>St. Patrick's Day</p> <p>9:30am News & Brews - GC</p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p>11:15am Stretch Yoga Class - TH</p> <p>1:30pm-2:30pm Dog Therapy Visits</p> <p>1:30pm Movie Matinee: Mona Lisa Smile - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:30pm We're All Irish on St. Patrick's day - GC</p> <p>4:00pm St. Patrick's Day Happy Hour with Robert Row - GC</p> <p style="text-align: right;">17</p>	<p>9:30am News & Brews - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p>10:30am Catholic Mass - TH</p> <p>11:15am Hymn Choir - TH</p> <p>1:30pm Documentary: Secrets of Highclere Castle - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:30pm Entertainment Ft. Rekha Dravina - GL</p> <p>3:30pm Famous Irish Folks - Who Am I? - GC</p> <p>4:00pm Happy Hour - GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: Traditional Irish Music - TH</p> <p style="text-align: right;">18</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish The Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm Wellness Talk with Kim - TH</p> <p>2:00pm Book Club - 3AR</p> <p>2:15pm Group Game: Uno - GC</p> <p>3:00pm Exercise with Jason - TH</p> <p>3:30pm National Chocolate Caramel Day - GC</p> <p>4:00pm Happy Hour & Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Native American Culture: Part 2 - TH</p> <p style="text-align: right;">19</p>	<p>First Day of Spring</p> <p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Exercise with Charlie - TH</p> <p>11:15am Name that Tune: Spring Edition - TH</p> <p>1:30pm Art Class - 3AR</p> <p>1:30pm Documentary: Voices of Liberty - TH</p> <p>2:30pm Ladies Tea Party - CR</p> <p>3:15pm Flower Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> <p>6:30pm Travelogue with Kelley - TH</p>  <p style="text-align: right;">20</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p>11:15am Jokereno - GC</p> <p>1:30pm Movie Matinee: Thirteen Days -TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Sequence - GC</p> <p>3:15pm More Jeopardy Trivia - TH</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">21</p>	<p>10:30am News & Brews - GC</p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Mrs. Doubtfire - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:15pm Group Game: Dominoes</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">22</p>
<p>10:30am News & Brews - GC</p> <p>10:30am Ladue Chapel Church Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: The Concert- TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Scrabble - GC</p> <p>3:30pm What Am I? Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">23</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p>11:15am Stretch Yoga Class - TH</p> <p>1:30pm-2:30pm Dog Therapy Visits</p> <p>1:30pm Movie Matinee: To Catch a Thief- TH</p> <p>1:30pm Art Class - 3AR</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:30pm "Name" Brand Foods Trivia - GC</p> <p>4:00pm Happy Hour with Robert Row - GC</p> <p style="text-align: right;">24</p>	<p>9:30am News & Brews - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p>10:30am Catholic Mass - TH</p> <p>11:15am Hymn Choir - TH</p> <p>1:30pm Documentary: Touring the World: Italy - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:30pm Entertainment Ft. Anita Rosamond - GL</p> <p>3:30pm Modern Jeopardy Trivia - TH</p> <p>4:00pm Happy Hour- GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: The Music of Carmen - TH</p> <p style="text-align: right;">25</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish the Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm Resident Council Meeting - TH</p> <p>2:00pm Book Club - 3AR</p> <p>2:15pm Group Game: Uno - GC</p> <p>3:00pm Exercise with Jason - TH</p> <p>3:30pm Comedy Hour: Johnny Carson - TH</p> <p>4:00pm Happy Hour & Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Artists that Work in Wood - TH</p> <p style="text-align: right;">26</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Exercise with Charlie - TH</p> <p>11:15am Music Bingo - GC</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Barney Bradshaw Presents: The Women's Suffrage Movement (Minor v. Happersett) - TH</p> <p>3:15pm Star of the Month: Anthony Quinn - TH</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">27</p>	<p>9:30am News & Brews - GC</p> <p>10:00am On This Day in History - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p>11:15am Rhythm & Movement: Exercise Balls - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:00pm Bridge Club - GL</p> <p>2:00pm Chair Ballet Class - TH</p> <p>3:15pm A Cycle of Faith: Ramadan Discussion - GC</p> <p>4:00pm Happy Hour & Tunes with Carolyn - GC</p> <p style="text-align: right;">28</p>	<p>10:30am News & Brews - GC</p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: A Night at the Opera - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:15pm Group Game: Dominoes</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> <p style="text-align: right;">29</p>