

# January Assisted Living Daily Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Please Note: Events are subject to change. Please see the daily schedule for updates.</p>		<p><b>New Year's Day</b> 1</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History &amp; The Monthly Gazette - GC 10:30am Sunrise Stretch - GC 11:15am Hollywood Stars Bingo - GC 1:30pm Travelogue: Wonders of Brazil - TH 2:30pm Group Game: Uno - GC 3:30pm January Trivia - GC 4:00pm Menorah Lighting - TH 4:00pm Happy Hour - GC</p> 	<p><b>Hanukkah Ends</b> 2</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am Sightseeing Bingo - GC 1:30pm Documentary: The Roosevelt's Ep. 1 - TH 1:30pm Art Class - 3AR 2:30pm Group Game: Rummikub - GC 3:30pm Name that 60's Tune - GC 4:00pm Menorah Lighting - TH 4:00pm Happy Hour - GC</p>	<p>3</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH 11:00am Rosary - 2AR 11:15am Jokereno - GC 1:30pm Independent Brain Games - GC 2:00pm Bridge Club - GL <b>2:00pm Chair Ballet Class - TH</b> 3:15pm Jeopardy Trivia - TH 4:00pm Happy Hour &amp; Tunes with Matt Davis - GC</p>	<p>4</p> <p>10:30am News &amp; Brews - GC 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On this Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Water for Elephants - TH 1:30pm Independent Brain Games - GC 2:15pm Group Game: Rummikub - GC 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>5</p> <p>10:30am News &amp; Brews - GC 10:30am Queen of All Saints Catholic Mass Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Izzy and Moe - TH 1:30pm Independent Brain Games - GC 2:30pm Group Game: Scrabble - GC 3:30pm 1960s Trivia - GC 4:00pm Happy Hour - GC</p>	<p>6</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - GC <b>11:15am Stretch Yoga Class - TH</b> 1:30pm Movie Matinee: Me Before You - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 2:30pm Group Game: Dominoes - GC 3:30pm Mozart: The First Rock Star - GC 4:00pm Happy Hour with Robert Row - GC</p>	<p>7</p> <p>9:30am News &amp; Brews - GC 10:30am Sunrise Stretch - GC <b>10:30am Catholic Mass - TH</b> 11:15am Hymn Choir - TH 1:30pm Documentary: The Roosevelt's Ep. 2 - TH 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft. Rekha Dravina - GL</b> 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: January Month of Musicians - TH</p>	<p>8</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH 1:30pm Travelogue: Wonders of Australia - TH 2:15pm Group Game: Uno - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Comedy Hour: The Carol Burnett Show - TH <b>4:00pm Winter Wonderland Happy Hour &amp; Tunes with Mike - GC</b></p>	<p>9</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am Name the Singer - TH 1:30pm Art Class - 3AR <b>2:30pm Presentation by The Missouri Botanical Garden - TH</b> 3:30pm Alice's Adventures in Wonderland Trivia - GC 4:00pm Happy Hour - GC</p>	<p>10</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH 11:15am Winter Bingo - GC 1:30pm Movie Matinee: The Fantastiks - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 2:30pm Group Game: Sequence - GC 3:30pm Who Am I? January Birthdays - GC 4:00pm Happy Hour - GC</p>	<p>11</p> <p>10:30am News &amp; Brews - GC 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On this Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Shawshank Redemption- TH 1:30pm Independent Brain Games - GC 2:15pm Group Game: Rummikub - GC 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>12</p> <p>9:30am News &amp; Brews - GC 10:30am Ladue Chapel Church Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: The Bells of St. Marys - TH 1:30pm Independent Brain Games - GC 2:30pm Group Game: Scrabble - GC 3:30pm "The Greatest" Heavyweight Boxer: Muhammad Ali - GC 4:00pm Happy Hour - GC</p>	<p>13</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - GC <b>11:15am Stretch Yoga Class - TH</b> 1:30pm Movie Matinee: A Tree Grows in Brooklyn- TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 2:30pm Group Game: Dominoes - GC 3:30pm Remembering Etta James Songs - GC 4:00pm Happy Hour with Robert Row - GC</p>	<p>14</p> <p>9:30am News &amp; Brews - GC 10:30am Sunrise Stretch - GC <b>10:30am Catholic Mass - TH</b> <b>11:15am Mike's Cooking Demo - GC</b> 1:30pm Documentary: The Roosevelt's Ep. 3 - TH 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft. The Gaslight Squares - GL</b> 3:30pm Random Trivia - GC 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: The Life &amp; Career of Elvis Presley - TH</p>	<p>15</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH 1:30pm Travelogue: Wonders of Poland - TH 2:15pm Group Game: Uno - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Comedy Hour: Jack Benny - TH 4:00pm Happy Hour &amp; Tunes with Mike - GC 6:30pm Safari Travelogue with Kelly - TH</p>	<p>16</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am 1920's Music Bingo - GC 1:30pm Documentary: The Roosevelt's Ep.4 - TH 1:30pm Art Class - 3AR <b>2:30pm Ladies Tea Party - CR</b> 3:15pm Travelogue: Oxford, England - TH 4:00pm Happy Hour - GC</p>	<p>17</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH 11:15am Rhythm &amp; Movement: Exercise Balls - TH 1:30pm Independent Brain Games - GC 2:00pm Bridge Club - GL <b>2:00pm Chair Ballet Class - TH</b> 3:15pm More Jeopardy Trivia - TH 4:00pm Happy Hour &amp; Tunes with Carolyn - GC</p>	<p>18</p> <p>10:30am News &amp; Brews - GC 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: The Five Year Engagement- TH 1:30pm Art Class - 3AR 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>19</p> <p>10:30am News &amp; Brews - GC 10:30am Queen of All Saints Catholic Mass Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Bridget Jones's Diary - TH 1:30pm Independent Brain Games - GC 2:30pm Group Game: Scrabble - GC <b>3:30pm National Popcorn Day - GC</b> 4:00pm Happy Hour - GC</p>	<p>20</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day In History - GC 10:30am Martin Luther King Day Discussion - GC <b>11:15am Stretch Yoga Class - TH</b> 1:30pm Movie Matinee: Peace, Love, and Misunderstanding - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 3:15pm Martin Luther King Jr. Jeopardy Trivia - GC 4:00pm Happy Hour with Robert Row - GC</p>	<p>21</p> <p>9:30am News &amp; Brews - GC 10:30am Sunrise Stretch - GC 10:30am Catholic Mass - TH 11:15am Baking Bingo - GC 1:30pm Documentary: The Roosevelts Ep. 5 - TH 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft. Matt Davis - GL</b> 3:30pm Game Time: Sports Trivia - GC 4:00pm Happy Hour - GC</p>	<p>22</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH <b>1:30pm Emotional Wellness with Kim - TH</b> 2:00pm Book Club - 3AR 2:15pm Group Game: Uno - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Comedy Hour: Road to Hollywood - TH 4:00pm Happy Hour - GC 6:30pm Art Lecture: The Northern Renaissance: Part I - TH</p>	<p>23</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am Music Jeopardy - TH 1:30pm Art Class - 3AR 1:30pm Documentary: The Roosevelt's Ep. 6 -TH 2:30pm Rummikub - GC 3:30pm You Be the Judge - GC 4:00pm Happy Hour - GC 6:30pm Music Lecture: Music of the Magic Flute - TH</p>	<p>24</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Sunrise Stretch - GC 11:15am Food Bingo - GC 1:30pm Movie Matinee: Ray - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 2:30pm Group Game: Trouble - GC 3:30pm Brain Quest Trivia - GC 4:00pm Happy Hour - GC</p>	<p>25</p> <p>10:30am News &amp; Brews - GC 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Newsies - TH 1:30pm Independent Brain Games - GC 2:15pm Group Game: Dominoes 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>26</p> <p>10:30am News &amp; Brews - GC 10:30am Ladue Chapel Church Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Unbroken- TH 1:30pm Independent Brain Games - GC 2:30pm Group Game: Scrabble - GC 3:30pm What Am I? Mystery Item - GC 4:00pm Happy Hour &amp; Tunes with Matt Davis - GC</p>	<p>27</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - GC <b>11:15am Stretch Yoga Class - TH</b> 1:30pm Movie Matinee: Flywheel - TH 1:30pm Independent Brain Games - GC 2:00pm Bridge Club - GL 2:30pm Group Game: Dominoes - GC <b>3:30pm National Chocolate Cake Day - GC</b> 4:00pm Happy Hour with Robert Row - GC</p>	<p>28</p> <p>9:30am News &amp; Brews - GC 10:30am Sunrise Stretch - GC <b>10:30am Catholic Mass - TH</b> 11:15am Hymn Choir - TH <b>1:30pm Resident Council Meeting - TH</b> 1:30pm Art Class - 3AR <b>2:30pm Entertainment Ft. Anita Rosamond - GL</b> 3:30pm Z to A Musical Trivia - GC 4:00pm Happy Hour- GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: Mozart - TH</p>	<p>29</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Chinese New Year Discussion - GC 11:15am McKnight Singers Choir - TH 1:30pm Travelogue: Wonders of Malaysia - TH 2:00pm Book Club - 3AR 2:15pm Group Game: Uno - GC <b>3:00pm Exercise with Jason - TH</b> 3:30pm Comedy Hour: Martin and Lewis - TH 4:00pm Happy Hour &amp; Tunes with Mike - GC 6:30pm Art Lecture: The Northern Renaissance: Part II - TH</p>	<p>30</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC <b>10:30am Exercise with Charlie - TH</b> 11:15am Music Wheel of Fortune - TH 1:30pm Art Class - 3AR <b>2:00pm Barney Bradshaw Presents: The New Madrid Earthquakes of 1811 and 1812 - TH</b> 3:15pm Star of the Month: Kevin Costner - TH 4:00pm Happy Hour - GC</p>	<p>31</p> <p>9:30am News &amp; Brews - GC 10:00am On This Day in History - GC 10:30am Sunrise Stretch - GC 11:15am Rhythm &amp; Movement: Scarves- TH 1:30pm Movie Matinee: Stardust - TH 1:30pm Independent Brain Games - GC 2:00pm Bridge Club - AR <b>2:30pm Harp Performance with Terri - GL</b> 3:30pm Random Trivia - GC 4:00pm Happy Hour &amp; Tunes with Carolyn - GC</p>	<p><b>Location Key</b></p> <p><b>GC: Garden Café</b> <b>2AR: Activity Room, 2nd Floor</b> <b>3AR: Art &amp; Music Room, 3rd Floor</b> <b>TH: Theater</b> <b>GL: Grand Lounge</b> <b>RL: Resident Lounge</b> <b>C: Courtyard</b> <b>CD: Circle Drive</b> <b>CR: Club Room</b></p>