





# November Assisted Living Daily Events

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|--|---|--|--|--|
| <p><b>Location Key</b></p> <p><b>GC: Garden Café</b><br/> <b>2AR: Activity Room, 2nd Floor</b><br/> <b>3AR: Art &amp; Music Room, 3rd Floor</b><br/> <b>TH: Theater</b><br/> <b>GL: Grand Lounge</b><br/> <b>RL: Resident Lounge</b><br/> <b>C: Courtyard</b><br/> <b>CD: Circle Drive</b><br/> <b>CR: Club Room</b></p>   |    | <p>Please Note:<br/>           Events are subject to change.<br/>           Please see the daily schedule<br/>           for updates.</p>  |    |   |  |  |
| <p>10:30am News &amp; Brews - GC <b>3</b></p> <p>10:30am Ladue Chapel Church Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Mannequin - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>4:00pm Happy Hour - GC</p>   | <p>9:30am News &amp; Brews - GC <b>4</b></p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p><b>11:15am Stretch Yoga Class - TH</b></p> <p>1:30pm Movie Matinee: Eat Pray Love - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:30pm Who Am I? November Birthdays - GC</p> <p>4:00pm Happy Hour with Robert Row - GC</p>   | <p>9:30am News &amp; Brews - GC <b>5</b></p> <p>10:30am Sunrise Stretch - GC</p> <p><b>10:30am Catholic Mass - TH</b></p> <p>11:15am Hymn Choir - GC</p> <p>1:30pm Documentary: Ancient Civilizations: Rome &amp; Pompeii - TH</p> <p><b>2:30pm Entertainment Ft. Marty Abdullah - GL</b></p> <p>4:00pm Happy Hour - GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: November Month of Musicians - TH</p>  | <p>9:30am News &amp; Brews - GC <b>6</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish The Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm TED Talk: The Power of Introverts - TH</p> <p>2:00pm Book Club - 3AR</p> <p>2:15pm Group Game: Uno - GC</p> <p><b>3:00pm Exercise with Jason - TH</b></p> <p>3:30pm Comedy Hour: The Andy Griffith Show - TH</p> <p>4:00pm Happy Hour and Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Street Photographers: Part II - TH</p>   | <p>9:30am News &amp; Brews - GC <b>7</b></p> <p>10:00am On This Day in History - GC</p> <p><b>10:30am Exercise with Charlie - TH</b></p> <p>11:15am Music Jeopardy - TH</p> <p>1:30pm Documentary: Ancient Civilizations: Athens &amp; Ancient Greece - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:30pm Group Game: Rummikub - GC</p> <p>3:30pm Military Battles That Changed History - GC</p> <p>4:00pm Happy Hour - GC</p>      | <p>9:30am News &amp; Brews - GC <b>8</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Stronger Seniors Exercise DVD - TH</p> <p>11:15am Jokereno - GC</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p><b>2:30pm The St. Louis Zoo Presents: Animal Communication - GC</b></p> <p>3:30pm Who Am I? Mystery Person - GC</p> <p>4:00pm Happy Hour - GC</p>   | <p>10:30am News &amp; Brews - GC <b>9</b></p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On this Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Marilyn - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:15pm Group Game: Rummikub - GC</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p>              |
| <p>10:30am News &amp; Brews - GC <b>10</b></p> <p>10:30am Queen of All Saints Catholic Mass Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Yours, Mine and Ours - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Scrabble - GC</p> <p>3:30pm Puzzles and Games Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> | <p><b>Veteran's Day</b> <b>11</b></p> <p>9:30am News &amp; Brews - GC</p> <p>10:00am On This Day In History - GC</p> <p>10:30am A Veteran's Day Discussion - GC</p> <p><b>11:15am Stretch Yoga Class - TH</b></p> <p>1:30pm Movie Matinee: Laws of Attraction - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:15pm Group Game: Dominoes - GC</p> <p><b>3:15pm Veteran's Day Pinning Ceremony - GL</b></p> <p>4:00pm Happy Hour with Robert Row - GC</p>                                   | <p>9:30am News &amp; Brews - GC <b>12</b></p> <p>10:30am Sunrise Stretch - GC</p> <p><b>10:30am Catholic Mass - TH</b></p> <p>11:15am Hymn Choir - TH</p> <p>1:30pm Documentary: Ancient Civilizations: The Land of Pharaohs - TH</p> <p><b>1:30pm Resident Art Show: BeBe Rimer - 3AR</b></p> <p><b>2:30pm Entertainment Ft. Rekha Dravina - GL</b></p> <p>3:30pm World War II Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: Military Songs - TH</p>                                 | <p>9:30am News &amp; Brews - GC <b>13</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish The Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm TED Talk: The Secret to a Happy Life - Lessons from 8 Decades of Research - TH</p> <p>2:00pm Book Club - 3AR</p> <p>2:15pm Group Game: Uno - GC</p> <p><b>3:00pm Exercise with Jason - TH</b></p> <p>3:30pm Comedy Hour: The George Burns and Gracie Allen Show - TH</p> <p>4:00pm Happy Hour and Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Installation Artists - TH</p> | <p>9:30am News &amp; Brews - GC <b>14</b></p> <p>10:00am On This Day in History - GC</p> <p><b>10:30am Exercise with Charlie - TH</b></p> <p>11:15am Name that Tune - TH</p> <p>1:30pm Documentary: Ancient Civilizations: Fall of the Aztec &amp; Maya Empires - TH</p> <p>1:30pm Art Class - 3AR</p> <p><b>2:30pm Ladies Tea Party - CR</b></p> <p>3:15pm Travelogue: Cleveland, Ohio - TH</p> <p>4:00pm Happy Hour - GC</p>   | <p>9:30am News &amp; Brews - GC <b>15</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Stronger Seniors Exercise DVD - TH</p> <p>11:15am Percussion with Carolyn - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:00pm Bridge Club - GL</p> <p><b>2:00pm Chair Ballet Class - TH</b></p> <p>3:15pm Jeopardy Trivia - TH</p> <p>4:00pm Happy Hour &amp; Tunes with Carolyn - GC</p>  | <p>10:30am News &amp; Brews - GC <b>16</b></p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Best in Show - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p>        |
| <p>10:30am News &amp; Brews - GC <b>17</b></p> <p>10:30am Ladue Chapel Church Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Couples Retreat - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Scrabble - GC</p> <p>3:30pm Random Trivia - GC</p> <p>4:00pm Happy Hour - GC</p>                       | <p>9:30am News &amp; Brews - GC <b>18</b></p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p><b>11:15am Stretch Yoga Class - TH</b></p> <p>1:30pm Movie Matinee: Beauty and the Beast - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p><b>2:30pm Flower Arranging with The Missouri Botanical Garden - 2AR</b></p> <p><b>3:30pm National Apple Cider Day - GC</b></p> <p>4:00pm Happy Hour with Robert Row - GC</p> | <p>9:30am News &amp; Brews - GC <b>19</b></p> <p>10:30am Sunrise Stretch - GC</p> <p><b>10:30am Catholic Mass - TH</b></p> <p><b>11:15am Cooking Demo with Mike: Corn Dip - GC</b></p> <p>1:30pm Documentary: Ancient Civilizations: Gladiators-Bloodsport of the Colosseum - TH</p> <p>1:30pm Art Class - 3AR</p> <p><b>2:30pm Entertainment Ft. Matt Davis - GL</b></p> <p>3:30pm November Trivia - GC</p> <p>4:00pm Happy Hour - GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: The Life and Career of Patti Page - TH</p> | <p>9:30am News &amp; Brews - GC <b>20</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish The Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm TED Talk: Change the World...Take a Vacation - TH</p> <p>2:00pm Book Club Meeting - 3AR</p> <p><b>2:30pm Dance Performance by The St. Louis Strutters - GL</b></p> <p><b>3:00pm Exercise with Jason - TH</b></p> <p>3:30pm Comedy Hour: The Carol Burnett Show - TH</p> <p>4:00pm Happy Hour and Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Fresco Painting - TH</p>       | <p>9:30am News &amp; Brews - GC <b>21</b></p> <p>10:00am On This Day in History - GC</p> <p><b>10:30am Exercise with Charlie - TH</b></p> <p>11:15am Music Bingo - GC</p> <p>1:30pm Art Class - 3AR</p> <p><b>2:00pm Barney Bradshaw Presents: The Beauty of America's National Parks - TH</b></p> <p>3:15pm Name That Rock Tune - GC</p> <p>4:00pm Happy Hour - GC</p>  | <p>9:30am News &amp; Brews - GC <b>22</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Sunrise Stretch - GC</p> <p><b>11:00am Ballerina Performance by Emily Ricca - TH</b></p> <p>1:30pm Movie Matinee: King Kong - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:00pm Bridge Club - GL</p> <p>2:15pm Group Game: Trouble - GC</p> <p>3:15pm More Jeopardy Trivia - TH</p> <p><b>4:00pm Friendsgiving Happy Hour and Tunes with Matt Davis - GC</b></p> | <p>10:30am News &amp; Brews - GC <b>23</b></p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Meet Me in St. Louis - TH</p> <p>1:30pm Art Class - 3AR</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p>   |
| <p>10:30am News &amp; Brews - GC <b>24</b></p> <p>10:30am Queen of All Saints Catholic Mass Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: The Pink Panther - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Scrabble - GC</p> <p>3:30pm Random Trivia - GC</p> <p>4:00pm Happy Hour - GC</p>                | <p>9:30am News &amp; Brews - GC <b>25</b></p> <p>10:00am On This Day In History - GC</p> <p>10:30am Giant Crossword Puzzle - GC</p> <p><b>11:15am Stretch Yoga Class - TH</b></p> <p>1:30pm Movie Matinee: Rain Man - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:30pm Star of the Month: Burgess Meredith - TH</p> <p>4:00pm Happy Hour with Robert Row - GC</p>  | <p>9:30am News &amp; Brews - GC <b>26</b></p> <p>10:30am Sunrise Stretch - GC</p> <p><b>10:30am Catholic Mass - TH</b></p> <p>11:15am Hymn Choir - TH</p> <p><b>1:30pm Resident Council Meeting - TH</b></p> <p>1:30pm Art Class - 3AR</p> <p><b>2:30pm Entertainment Ft. Chad Evans - GL</b></p> <p>3:30pm The Soundtrack of Cinema - GC</p> <p>4:00pm Happy Hour - GC</p> <p>4:15pm Bible Study - 2AR</p> <p>6:30pm Music Lecture: Songs About Food - TH</p>   | <p>9:30am News &amp; Brews - GC <b>27</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Finish The Phrase - GC</p> <p>11:15am McKnight Singers Choir - TH</p> <p>1:30pm TED Talk: The Power of Vulnerability - TH</p> <p>2:00pm Book Club Meeting - 3AR</p> <p>2:15pm Group Game: Uno - GC</p> <p><b>3:00pm Exercise with Jason - TH</b></p> <p>3:30pm Comedy Hour: Dean Martin's Variety Show - TH</p> <p>4:00pm Happy Hour and Tunes with Mike - GC</p> <p>6:30pm Art Lecture: Classic Children's Book Illustrations - TH</p>                         | <p> <b>Thanksgiving</b> <b>28</b></p> <p>11:00am News &amp; Views - GC</p> <p>11:30am Macy's Thanksgiving Day Parade Discussion - GC</p> <p>1:30pm Documentary: Ancient Civilizations: Cleopatra-The First Woman of Power - TH</p> <p>1:30pm Turkey Day Trivia - GC</p> <p>2:00pm Thanksgiving Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> | <p>9:30am News &amp; Brews - GC <b>29</b></p> <p>10:00am On This Day in History - GC</p> <p>10:30am Stronger Seniors Exercise DVD - TH</p> <p>11:15am Jokereno - GC</p> <p>1:30pm Movie Matinee: A Beautiful Mind - TH</p> <p>1:30pm Art Class - 3AR</p> <p>2:00pm Bridge Club - GL</p> <p><b>2:30pm Harp Performance - GL</b></p> <p>3:30pm Remembering Songs About Gratitude - GC</p> <p>4:00pm Happy Hour - GC</p>  | <p>10:30am News &amp; Brews - GC <b>30</b></p> <p>10:30am United Hebrew Shabbat Service Livestream - TH</p> <p>11:00am On This Day in History - GC</p> <p>11:30am Sunrise Stretch - GC</p> <p>1:30pm Movie Matinee: Singin' In the Rain - TH</p> <p>1:30pm Independent Brain Games - GC</p> <p>2:30pm Group Game: Dominoes - GC</p> <p>3:15pm Bingo - GC</p> <p>4:00pm Happy Hour - GC</p> |