



October Assisted Living Daily Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Key</p> <p>GC: Garden Café 2AR: Activity Room, 2nd Floor 3AR: Art & Music Room, 3rd Floor TH: Theater GL: Grand Lounge RL: Resident Lounge C: Courtyard CD: Circle Drive CR: Club Room</p>		<p>9:30am News & Brews & The Monthly Gazette - GC 1 10:30am Sunrise Stretch - GC 10:30am Catholic Mass - TH 11:15am Hymn Choir - TH 1:30pm Documentary: The Great Alaskan Race - TH 1:30pm Art Class - 3AR 2:30pm Entertainment Ft. The Gaslight Squares - GL 3:30pm October Trivia - GC 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: October Month of Musicians - TH</p>	<p>Rosh Hashanah Begins at Sundown 2 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH 1:30pm TED Talk: How to Love Yourself to the Core - TH 2:00pm Book Club Meeting - 3AR 3:00pm Exercise with Jason - TH 3:30pm Comedy Hour: The Carol Burnett Show - TH 4:00pm Happy Hour and Music with Mike - GC 6:30pm Art Lecture: American Folk Art - TH</p>	<p>9:30am News & Brews - GC 3 10:00am On This Day in History - GC 10:30am Exercise with Charlie - TH 11:15am Percussion with Carolyn - TH 1:30pm Documentary: America's Great Road Trips & Scenic Drives: Disc 1 - TH 1:30pm Art Class - 3AR 2:30pm Group Game: Rummikub - GC 3:30pm Rosh Hashanah Apples & Honey Discussion & Tasting - GC 4:00pm Happy Hour and Accordion with Orvin - GC</p>	<p>Rosh Hashanah Ends 4 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH 11:00am Rosary - 2AR 11:15am Fall Bingo - GC 1:30pm About Rosh Hashanah: The Jewish New Year - GC 2:00pm Bridge Club - GL 2:00pm Chair Ballet Class - TH 3:15pm Jeopardy Trivia - TH 4:00pm Happy Hour - GC</p>	<p>10:30am News & Brews - GC 5 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On this Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Now and Forever - TH 1:30pm Walking Club - GC 2:15pm Group Game: Rummikub - GC 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>10:30am News & Brews - GC 6 10:30am Ladue Chapel Church Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: It's Complicated - TH 1:30pm Walking Club - C 2:30pm Group Game: Scrabble - GC 3:30pm A World Without Bats - GC 4:00pm Happy Hour - GC</p>	<p>9:30am News & Brews - GC 7 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - GC 11:15am Stretch Yoga Class - TH 1:30pm Movie Matinee: Oklahoma - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 2:30pm Group Game: Dominoes - GC 3:30pm Who Am I? October Birthdays - GC 4:00pm Happy Hour with Robert Row - GC</p>	<p>9:30am News & Brews - GC 8 10:30am Sunrise Stretch - GC 10:30am Catholic Mass - TH 11:15am Hymn Choir - GC 1:30pm Documentary: America's Great Road Trips & Scenic Drives: Disc 2 - TH 1:30pm Art Class - 3AR 2:30pm Entertainment Ft. Matt Davis - GL 3:30pm You Be the Judge - GC 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: Ruth Etting - TH</p>	<p>9:30am News & Brews - GC 9 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH 1:30pm TED Talk: How to Eliminate Self Doubt Forever & The Power of Your Unconscious Mind - TH 2:00pm Book Club Meeting - 3AR 2:15pm Group Game: Uno - GC 3:00pm Exercise with Jason - TH 3:30pm Comedy Hour: The Beverly Hillbillies - TH 4:00pm Happy Hour - GC 6:30pm Art Lecture: Symbolist Painters: Part I - TH</p>	<p>9:30am News & Brews - GC 10 10:00am On This Day in History - GC 10:30am Exercise with Charlie - TH 11:15am Name That Tune: Autumn - TH 12:00pm Men's Club Luncheon - CR 1:30pm Documentary: America's Great Road Trips & Scenic Drives: Disc 3 - TH 1:30pm Independent Brain Games - GC 2:30pm Group Game: Rummikub - GC 3:30pm National Angel Food Cake Day Discussion & Tasting - GC 4:00pm Happy Hour - GC</p>	<p>9:30am News & Brews - GC 11 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH 11:15am Rhythm & Movement: Exercise Balls - TH 1:30pm Movie Matinee: Silver Linings Playbook - TH 1:30pm Independent Brain Games - GC 2:00pm Bridge Club - GL 2:30pm Group Game: Sequence - GC 3:30pm Yom Kippur Discussion - GC 4:00pm Happy Hour and Music with Mike - GC</p>	<p>10:30am News & Brews - GC 12 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On this Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Life with Father - TH 1:30pm Walking Club - C 2:15pm Group Game: Rummikub - GC 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>10:30am News & Brews - GC 13 10:30am Queen of All Saints Catholic Mass Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Zookeeper - TH 1:30pm Walking Club - C 2:15pm Group Game: Scrabble - GC 4:00pm Happy Hour - GC</p>	<p>9:30am News & Brews - GC 14 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - GC 11:15am Stretch Yoga Class - TH 1:30pm Art Class - 3AR 2:00pm Alzheimer's Awareness Auction - TH 2:00pm Bridge Club - GL 2:30pm Group Game: Dominoes - GC 3:30pm Indigenous People's Day Discussion - GC 4:00pm Happy Hour with Robert Row - GC</p>	<p>8:30am Presidential Election Voting - 2AR 15 9:30am News & Brews - GC 10:30am Sunrise Stretch - GC 10:30am Catholic Mass - TH 11:15am Cooking Demo with Mike: Chili - GC 1:30pm Documentary: America's Great Road Trips & Scenic Drives: Disc 4 - TH 1:30pm Art Class - 3AR 2:30pm Entertainment Ft. Anita Rosamond - GL 3:30pm Random Trivia - GC 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: Instrumental Insights: Guitar - TH</p>	<p>9:30am News & Brews - GC 16 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH 1:30pm TED Talk: Living with Courage: Embracing Fear to Follow Your Heart - TH 2:00pm Book Club - 3AR 2:15pm Group Game: Uno - GC 3:00pm Exercise with Jason - TH 3:30pm Comedy Hour: I Love Lucy - TH 4:00pm Happy Hour and Music with Mike - GC 6:30pm Art Lecture: Symbolist Painters: Part II - TH</p>	<p>9:30am News & Brews - GC 17 10:00am On This Day in History - GC 10:30am Exercise with Charlie - TH 11:15am Fall Bingo - GC 1:30pm Documentary: America's Great Road Trips & Scenic Drives: Disc 5 - TH 1:30pm Art Class - 3AR 2:30pm Group Game: Rummikub - GC 3:30pm Sukkot Discussion - GC 4:00pm Happy Hour - GC</p>	<p>9:30am News & Brews - GC 18 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH 11:15am Fun Friday Trivia - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 2:00pm Chair Ballet Class - TH 3:15pm Travelogue: Borneo - TH 4:00pm Happy Hour - GC</p>	<p>10:30am News & Brews - GC 19 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: The Shadow Strikes - TH 1:30pm Walking Club - C 2:30pm Group Game: Dominoes - GC 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>10:30am News & Brews - GC 20 10:30am Ladue Chapel Church Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Hell or High Water - TH 1:30pm Walking Club - C 2:15pm Group Game: Scrabble - GC 3:15pm Halloween Bingo - GC 4:00pm Happy Hour - GC</p>	<p>9:30am News & Brews - GC 21 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - GC 11:15am Stretch Yoga Class - TH 1:30pm Movie Matinee: Wimbledon - TH 1:30pm Art Class - 3AR 2:00pm Bridge Club - GL 2:15pm Group Game: Dominoes - GC 3:15pm Star of the Month: Groucho Marx - TH 4:00pm Happy Hour with Robert Row - GC</p>	<p>9:30am News & Brews - GC 22 10:30am Sunrise Stretch - GC 10:30am Catholic Mass - TH 11:15am Hymn Choir - TH 1:30pm Documentary: America's Great Road Trips & Scenic Drives: Disc 6 - TH 1:30pm Art Class - 3AR 2:30pm Entertainment Ft. Dan Hoerle - GL 3:30pm Going Batty: Bats & Baseball Trivia - GC 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: Classical Composer: Tchaikovsky - TH</p>	<p>9:30am News & Brews - GC 23 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH 1:30pm TED Talk: Why Communication Goes Wrong...How To Fix It - TH 2:00pm Book Club Meeting - 3AR 2:15pm Group Game: Uno - GC 3:00pm Exercise with Jason - TH 3:30pm Comedy Hour: The Golden Girls - TH 4:00pm Happy Hour and Tunes with Mike - GC 6:30pm Art Lecture: Street Photographers: Part I - TH</p>	<p>9:30am News & Brews - GC 24 10:00am On This Day in History - GC 10:30am Exercise with Charlie - TH 11:15am Music Wheel of Fortune: Halloween - TH 1:30pm Art Class - 3AR 2:00pm Barney Bradshaw Presents: The History of Jefferson Barracks - TH 3:15pm More Jeopardy Trivia - TH 4:00pm Trick-or-Treat in The Courtyard - GC</p>	<p>9:30am News & Brews - GC 25 10:00am On This Day in History - GC 10:30am Stronger Seniors Exercise DVD - TH 11:15am Rhythm and Movement: Scarves - TH 1:30pm Movie Matinee: The Wedding Date - TH 1:30pm Independent Brain Games - GC 2:00pm Bridge Club - GL 2:30pm Group Game: Trouble - GC 3:30pm The Allure and Mystery of Bats - GC 4:00pm Happy Hour - GC</p>	<p>10:30am News & Brews - GC 26 10:30am United Hebrew Shabbat Service Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Romance on the High Seas - TH 1:30pm Art Class - 3AR 3:15pm Bingo - GC 4:00pm Happy Hour - GC</p>
<p>10:30am News & Brews - GC 27 10:30am Queen of All Saints Catholic Mass Livestream - TH 11:00am On This Day in History - GC 11:30am Sunrise Stretch - GC 1:30pm Movie Matinee: Annie - TH 1:30pm Walking Club - GC 2:30pm Group Game: Scrabble - GC 3:30pm Remembering Halloween Songs - GC 4:00pm Happy Hour and Tunes with Matt Davis - GC</p>	<p>9:30am News & Brews - GC 28 10:00am On This Day In History - GC 10:30am Giant Crossword Puzzle - GC 11:15am Stretch Yoga Class - TH 1:30pm Movie Matinee: Head Over Heels - TH 1:30pm Art Class: Pumpkin Painting - 3AR 2:00pm Bridge Club - GL 2:30pm Group Game: Dominoes - GC 3:30pm Halloween Feud Quiz - GC 4:00pm Happy Hour with Robert Row - GC</p>	<p>9:30am News & Brews - GC 29 10:30am Sunrise Stretch - GC 10:30am Catholic Mass - TH 11:15am Hymn Choir - TH 1:30pm Resident Council Meeting - TH 1:30pm Art Class - 3AR 2:30pm Entertainment Ft. EJ Glaser - GL 3:30pm Mischief, Magic, Mayhem Trivia - GC 4:00pm Happy Hour - GC 4:15pm Bible Study - 2AR 6:30pm Music Lecture: Halloween Music - TH</p>	<p>9:30am News & Brews - GC 30 10:00am On This Day in History - GC 10:30am Finish The Phrase - GC 11:15am McKnight Singers Choir - TH 1:30pm National Candy Corn Day - GC 2:00pm Book Club Meeting - 3AR 2:15pm Group Game: Uno - GC 3:00pm Exercise with Jason - TH 3:30pm Comedy Hour: Bewitched - TH 4:00pm Happy Hour and Music with Mike - GC 6:30pm Art Lecture: Street Photographers: Part II - TH</p>	<p>Halloween 31 9:30am News & Brews - GC 10:00am On This Day in History - GC 10:30am Exercise with Charlie - TH 11:15am Music Bingo: Halloween - GC 1:30pm Movie Matinee: The Addams Family - TH 1:30pm Art Class - 3AR 2:30pm Group Game: Rummikub - GC 3:30pm Halloween Trivia - GC 4:00pm Halloween Happy Hour - GC 6:30pm Music Lecture: Classical Composers: Vivaldi - TH</p>		<p>Please Note: Events are subject to change. Please see the daily schedule for updates.</p>