## January Memory Care Daily Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key	New Year's Day 9:30am Morning Melodies - LR 10:00am Sunrise Stretch - LR	9:30am Morning Melodies - LR 10:00am Light and Lively - LR 10:30am News & Brews - LR	9:30am Music Therapy Group - B 9:30am Sensory Exploration - LR 10:30am Singalong & Shakers - LR	9:30am Morning Melodies - LR 10:00am Sittercise CD - LR 10:30am News & Views - LR	9:30am Morning Melodies - LR 10:00am Fittersitters CD - LR 10:30am News & Brews & Monthly Gazette	9:30am Morning Melodies - LR 10:00am Sunrise Stretch - LR 10:30am News & Brews - LR
AR: Activity Room LR: Living Room	10:30am News & Brews & The Monthly Gazette	10:30am Sensory Exploration - AR 11:00am Move and Groove: Bullseye Ball - LR 11:00am Art Class - AR	10:30am Sunrise Stretch - B 11:00am Move and Groove: Basketball Toss - LR 11:15am Sunshine Club: Match the Lyrics - B	11:00am Move and Groove: Snowball Toss - LR 11:00am Art Class - AR	- LR 11:00am Move and Groove: Snowball Toss - LR	10:30am United Hebrew Shabbat Service Livestream - PLR 11:00am Move and Groove: Toss & Talk Ball - LR
PLR: Piano Living Room DR: Dining Room	1:30pm Singing with Susie - LR 2:15pm Light and Lively Exercise - LR 2:45pm New Year's Happy Hour - DR	1:30pm Singing with Katie - B 2:15pm Balloon Toss - B 2:45pm Happy Hour - LR 3:00pm Winter Bingo - B	1:30pm Singing with Katie - LR 2:00pm Light and Lively Exercise - LR 2:30pm Entertainment Ft. Chad Evans - B	1:30pm Singing with Katie - LR 2:00pm Chair Ballet Class - B 2:45pm Happy Hour - B	1:30pm Singing with Susie - LR 2:00pm Bowling and Music - B	1:30pm Singing with Susie: Movie Magic - LR 2:00pm Balloon Toss - LR 2:30pm Happy Hour - DR
SR: Sunroom	3:00pm January IQ Quiz - LR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - AR	3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Melodies - LR	3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Melodies - LR	3:00pm Bingo - AR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR	- LR 3:00pm Memory Lane - B 4:00pm Comedy Hour - LR	3:00pm National Shortbread Day - DR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Movie: Are We There Yet? - LR
B: Bistro	6:00pm Evening Melodies - LR 6:30pm Evening Movie: Steel Magnolia - LR	6:30pm Evening Movie: Butch Cassidy & The Sundance Kid - LR	6:30pm Evening Movie: Flicka - LR	5:45pm Evening Melodies - LR 6:30pm Evening Movie: Dolphin Tale - LR	- LR	
10:00am Sunrise Stretch - LR 10:30am News & Brews - LR	10:00am Sunrise Stretch - LR 10:30am News & Brews - LR 11:00am Peaceful Pampering - AR 1:30pm Singing with Susie - B	9:30am Morning Melodies - LR 10:00am Light and Lively - LR 10:30am News & Brews - LR 11:00am Move and Groove: Snowball Toss - LR 11:00am Art Class - AR	9:30am Music Therapy Group - B 9:30am Sensory Exploration - LR 10:30am Singalong & Shakers - LR 10:30am Sunrise Stretch - B 11:00am Move and Groove: Basketball Toss - LR 11:15am Sunshine Club: Match the Lyrics - B	10:00am Sittercise CD - LR 10:30am News & Views - LR 11:00am Move and Groove: Snowball Toss - LR	10:00am Fittersitters CD - LR 10:30am News & Views - AR	9:30am Morning Melodies - LR 10:00am Sunrise Stretch - LR 10:30am News & Brews - LR 10:30am United Hebrew Shabbat Service Livestream - PLR 11:00am Move and Groove: Toss & Talk Ball - LR
2:00pm Passport to Wellness - LR 2:30pm Happy Hour - DR 3:00pm Oh Baby! Trivia - LR 3:30pm Color & Chat - AR	2:15pm Light and Lively Exercise - B 2:45pm Happy Hour - B 3:00pm Star of the Month: Tom Selleck - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - AR	2:15pm Balloon Toss - B	1:30pm Singing with Katie - LR 2:00pm Light and Lively Exercise - LR 2:30pm Entertainment Ft. Dan Hoerle - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR	1:30pm Singing with Katie - LR 2:00pm Chair Ballet Class - B 2:45pm Happy Hour - B	of Penguins and Other Birds - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR	1:30pm Singing with Susie - LR 2:00pm Balloon Toss - LR 2:30pm Happy Hour - DR 3:00pm Travelogue: Newfoundland and Labrador - LR
	6:00pm Evening Melodies - LR 6:30pm Evening Movie: Bye Bye Birdie - LR	6:30pm Evening Movie: Christopher Robin - LR	6:00pm Evening Melodies - LR 6:30pm Evening Movie: Fly Away Home - LR	4:00pm Comedy Hour - LR 5:45pm Evening Melodies - LR 6:30pm Evening Movie: Marley & Me - LR		3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Movie: Annie - LR
10:30am News & Brews - LR 10:30am Ladue Chapel Livestream Service - PLR	10:00am Sunrise Stretch - LR 10:30am News & Brews - LR 10:30am Sensory Exploration - DR 11:00am Move and Groove: Popcorn Chicken - LR 11:00am Art Class - AR 1:30pm Singing with Katie - LR 2:15pm Light and Lively Exercise - B 2:45pm Happy Hour - B 3:00pm Martin Luther King Day Discussion & Trivia - LR 3:30pm Color & Chat - LR	3:00pm Chimes with Troy - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR	9:30am Music Therapy Group - B 9:30am Sensory Exploration - LR 10:30am Singalong & Shakers - LR 10:30am Sunrise Stretch - LR 11:00am Move and Groove: Basketball Toss - LR 11:15am Sunshine Club: Bingo - B 1:30pm Singing with Susie - LR 2:00pm Light and Lively Exercise - LR 2:30pm Travelin' Tunes Happy Hour and Entertainment Ft. Deborah Sharn - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 5:45pm Evening Melodies - LR 6:30pm Evening Movie: Waitress - LR	10:00am Sittercise CD - LR 10:30am News and Brews - LR 11:00am Move and Groove: Snowball Toss - LR 11:00am Art Class - AR 1:30pm Singing with Katie - B 2:00pm Chair Ballet Class - B 2:45pm Happy Hour - B 3:00pm Bingo - AR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 5:45pm Evening Melodies - LR	2:00pm Bowling and Music - B 2:30pm Hapy Hour - B 3:00pm Who Am I? January Birthdays - LR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR	9:30am Morning Melodies - LR 10:00am Sunrise Stretch - LR 10:30am News & Brews - LR 10:30am United Hebrew Shabbat Service Livestream - PLR 11:00am Move and Groove: Toss & Talk Ball - LR 1:30pm Singing with Katie - LR 2:00pm Balloon Toss - LR 2:30pm Happy Hour - DR 3:00pm Travelogue: The Boroughs of New York - LR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Movie: Rugged Gold - LR
10:00am Sunrise Stretch - LR 10:30am News & Views - LR 10:30am Queen of All Saints Mass Livestream - PLR 11:00am Move and Groove: Cornhole - LR 1:30pm Singing with Katie - LR 2:00pm Passport to Wellness - LR 2:30pm Happy Hour - DR 3:00pm 1960s Trivia - LR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Movie: Life of Pi - LR	10:00am Sunrise Stretch - LR 10:30am News & Brews - LR 10:30am Sensory Exploration - AR 11:00am Peaceful Pampering - AR 11:00am Move and Groove: Rainbow Ring Toss - LR 1:30pm Singing with Katie - B 2:15pm Light and Lively Exercise - B 2:45pm Happy Hour and Serenade with Mike - LR 3:00pm Jeopardy Trivia - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - AR 6:00pm Evening Melodies - LR 6:30pm Evening Movie: The Internship - LR	10:00am Light and Lively - LR 10:30am News & Brews - LR 10:30am Sensory Exploration - AR 11:00am Move and Groove: Popcorn Chicken Game - LR 11:00am Art Class - AR 1:30pm Singing with Katie - B 2:15pm Balloon Toss - B 2:45pm Happy Hour - B 3:00pm The Swinging '60s - B 3:30pm Color & Chat - AR 4:00pm Sing A Long with Troy - LR 6:00pm Evening Melodies - LR 6:30pm Evening Movie: A Dog's Way Home - LR	9:30am Sensory Exploration - LR 10:30am Sunrise Stretch - B 10:30am Singalong & Shakers - LR 11:00am Move and Groove: Snowball Toss - LR 11:00am Q-Tip Painting - AR 1:30pm Singing with Katie - LR 2:00pm Light and Lively Exercise - LR 2:30pm Entertainment ft. Chris Schuneman - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Melodies - LR 6:30pm Evening Movie: The Pink Panther - LR	10:00am Sittercise CD - LR 10:30am News & Brews - LR 11:00am Color & Chat - AR 1:30pm Singing with Susie - B 2:00pm Chair Ballet Class - B 2:45pm Happy Hour - B 3:00pm Eat, Wear, or Drive Trivia - LR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Movie: As Good As It Gets - LR	10:00am Fittersitters CD - LR 10:30am News & Brews - LR 11:00am Move and Groove: Reindeer Ring Toss - LR 11:00am Q-Tip Painting - AR 1:30pm Singing with Susie - B 2:15pm Bowling and Music - B 2:45pm Happy Hour - B 3:00pm January Trivia - B 3:30pm Color & Chat - AR	9:30am Sunrise Stretch - LR 10:00am News & Brews - LR 10:30am Finish the Lines - LR 10:30am United Hebrew Shabbat Service
10:00am Sunrise Stretch - LR 10:30am News & Brews - LR 10:30am Ladue Chapel Livestream Service - PLR 11:00am Move and Groove: Cornhole - LR 1:30pm Singing with Susie - LR 2:00pm Passport to Wellness - LR 2:30pm Happy Hour - DR 3:00pm Random Trivia - LR 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR	9:30am Morning Melodies - LR 10:00am Sunrise Stretch - LR 10:30am News & Brews - LR 10:30am Sensory Exploration - AR 11:00am Art Class - AR 11:00am Move and Groove: Rainbow Ring Toss - LR 1:30pm Singing with Katie - B 2:15pm Light and Lively Exercise - B 2:45pm Happy Hour and Serenade with Mike - LR 3:00pm Travelogue: San Francisco, Then & Now - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - AR 6:00pm Evening Melodies - LR	10:30am News & Brews - LR 10:30am Sensory Exploration - AR 11:00am Move and Groove: Popcorn Chicken Game - LR 11:00am Art Class - AR 1:30pm Singing with Susie - B 2:00pm Resident Council Meeting - B 2:15pm Balloon Toss - B 2:45pm Happy Hour - B 3:00pm Chimes with Troy - LR	9:30am Music Therapy Group - B 9:30am Sensory Exploration - LR 10:30am Sunrise Stretch - B 10:30am Singalong & Shakers - LR 11:00am Move and Groove: Basketball Toss - LR 11:15am Sunshine Club: Dominoes - AR 1:30pm Singing with Susie - LR 2:00pm Light and Lively Exercise - LR 2:30pm Entertainment Ft. Anita Rosamund - B 3:30pm Color & Chat - AR 4:00pm Comedy Hour - LR 6:00pm Evening Melodies - LR 6:30pm Evening Movie: Night At The Museum - LR		Happy New year	**************************************

Wedding - LR

6:30pm Evening Movie: Mrs. Doubtfire - LR

6:00pm Evening Melodies - LR

6:30pm Evening Movie: Black Beauty - LR