

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>1 10:00 Communion - TH 10:30 Catholic Mass Live Stream - TH 10:50 On This Day in History - GC 11:15 March Trivia -GC 1:30 Musical Matinee: Bells Are Ringing - TH 1:30 Color and Chat - GC 2:15 Heart and Soul Seated Fitness Class - 2AR 3:00 Let's Discuss: 100 Years of Names - 2AR 4:00 Happy Hour - GC 6:45 Entertainment Featuring Tim Laramore-GLR</p>	<p>2 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 On This Day In History - GC 10:50 Christian Worship Service & Communion - TH 11:15 Hand Bell Choir - 3AR 1:30 Movie Matinee: Tammy and the Bachelor -TH 1:30 Jewelry Making - 3AR 2:00 Random Trivia - 2AR 2:30 Fitness Class with Jason - 2AR 3:15 Table Games: Uno - GC 3:30 Decorate the Activity Room for St. Patrick's Day- 2AR 4:00 Happy Hour & Wine Connoisseur Club -CR 6:45 Art Lecture: Paul Klee - TH</p>	<p>3 9:30 News & Brews - GC 10:15 Fitness with Charlie - TH 10:50 On This Day in History - TH 11:15 The Music of Richard Wagner: <i>Lohengrin</i>, Part 1 - TH 1:30 Create Paper Animals - 3AR 2:00 League of Women Voters Presentation on the Upcoming General Municipal Election Ballot - TH 3:00 Who Am I?: Mystery Celebrities - GL 3:00 Music Bingo - 2AR 4:00 Happy Hour - GC 6:45 The Great Performances: Tony Bennet - TH</p>	<p>4 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:30 Lunch at the Original Pancake House (RSVP) 10:50 On This Day in History - GC 11:15 Jeopardy - TH 1:30 Classic Movie Matinee: Gone With the Wind - TH 1:30 Relax and De-stress: Experiment with Watercolors - 3AR 2:00 Let's Discuss: American Royalty— The Du Ponts- GL 2:00 Bible Study - 2AR 3:00 Table Games: Loaded Questions - GC 3:00 Missouri Botanical Gardens Presents "Romance of Roses" - 2AR 4:00 Happy Hour and Melodies with Mike - GC 6:45 Entertainment Featuring Phil Strangman -GLR</p>	<p>5 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:30 Book Discussion of the Month: "Transcription" by Kate Atkinson - CR 10:50 On This Day in History - GC 11:15 Celebrating World Book Day: Name That Book Discussion - 2AR 11:15 Rosary - TH 1:30 Optimizing Brain Fitness Lecture: How Your Brain Works - TH 1:30 Bridge Club - 2AR 2:15 Name That Name! Game - GL 3:00 Art Class: Create Decorative Ceramic Plates - 3AR 3:15 Chair Line Dancing- TH 4:00 Happy Hour - GC 6:45 Back Massages with Cheri Evans - EGR 6:45 Philosophical Café with David Hilditch - TH</p>	<p>6 9:30 News & Brews - GC 10:15 Pilates & Balance Class - TH 10:50 On This Day in History - TH 11:15 McKnight Singers Choir - 3AR 1:30 Movie Matinee: Marley and Me -TH 1:30 Woven Paintings - 3AR 2:00 Hot Topic Discussion - GLR 2:00 Crossword Puzzles - 2AR 3:00 Table Games: 99 Or Bust Card Game - 2AR 3:00 Men's Club March Madness Check-In with Eli - GL 4:00 Happy Hour & Serenade with Samantha and Richard -GC 6:45 Entertainment Featuring The Nitpickers - TH</p>	<p>7 10:00 Sabbath Service - TH 10:15 News and Brews - GC 10:50 On This Day in History - GC 11:15 Tai Chi Exercise - TH 1:30 TED Talks Lecture: Who Are You, Really? The Puzzle of Personality, and Happiness: What Your Mother Didn't Tell You -TH 1:30 Color & Chat -GC 2:15 Bird Aviary Discussion - 3BA 3:00 Bingo - 2AR 4:00 Happy Hour - GC 6:45 Featured Film: Life As We Know It -TH</p>	
<p>8 Daylight Savings Time Begins 10:00 Communion - TH 10:30 Catholic Mass Live Stream - TH 10:50 On This Day in History - GC 11:15 Word Puzzles - GC 1:30 Musical Matinee: Ziegfeld Follies - TH 1:30 Color and Chat - GC 2:15 Passport to Wellness Exercise - 2AR 3:00 International Women's Day Trivia - 2AR 4:00 Happy Hour - GC 6:45 Entertainment Featuring Matt and Tammy -GLR</p>	<p>9 Purim Begins At Sunset 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 Christian Worship Service & Communion - TH 10:50 On This Day in History - GC 11:15 "Just Let it Be" Discussion with Trish Forbes - 2AR 1:30 Movie Matinee: Tammy Tell Me True - TH 1:30 Jewelry Making - 3AR 2:00 Trivia: Facts about Purim - 2AR 2:30 Fitness Class with Jason - 2AR 3:15 Table Games: Canasta - GC 3:15 You Be the Judge Court Case Discussion - 2AR 4:00 Happy Hour -GC 6:45 Art Lecture: Grandma Moses - TH</p>	<p>10 9:30 News & Brews - GC 10:15 Fitness with Charlie - TH 10:50 On This Day in History - TH 11:15 The Music of Richard Wagner: <i>Lohengrin</i>, Part 2 - TH 11:45 Catholic Communion Service - 2AR 12:00 Watch & Jewelry Repair - LR 1:30 Movie Matinee: Anastasia -TH 1:30 Create Paper Animals - 3AR 2:00 March Trivia - LR 2:30 High Tea & Harp - LR 3:30 Who Am I?: Mystery Celebrity - 2AR 3:30 Let's Learn: 10 Things to Know about Purim - GC 4:00 Happy Hour - GC 6:45 The Great Performances: Judy Garland -TH</p>	<p>11 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:30 Lunch at Sassafras and Tour of the Botanical Gardens Orchid Show (RSVP) 10:50 On This Day in History -GC 11:15 Wheel of Fortune -TH 1:30 Classic Movie Matinee: Jane Eyre -TH 1:30 Relax and De-stress: Experiment with Watercolors - 3AR 2:00 Jokerino: A Different King of Bingo - 2AR 3:00 Trivia: Sporty Nicknames -2AR 3:30 Table Games: My Life Stories - 2AR 3:30 Rosary - TH 4:00 Happy Hour and Melodies with Mike—GC 6:45 Entertainment Featuring John Scott -TH</p>	<p>12 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 On This Day in History - GC 11:15 Vitality Ballet Class - TH 1:30 Bridge Club - 2AR 1:30 Optimizing Brain Fitness Lecture: How Your Brain Changes - TH 2:15 Travelogue: Silly Name Places -TH 3:00 Art Class: Create Decorative Ceramic Plates - 3AR 3:00 National Girl Scout Day Trivia and Cookie Tasting - TH 4:00 Happy Hour - GC 6:45 Comedy Hour: The Honeymooners -TH</p>	<p>13 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 On This Day in History - GC 11:15 McKnight Singers Choir - 3AR 1:30 Movie Matinee: Evan Almighty - TH 1:30 Woven Paintings - 3AR 2:00 Resident Monthly Planning Meeting for April - 2AR 3:00 Table Games: Dominoes - GC 3:00 Men's Club March Madness Check-In with Eli - GL 4:00 Happy Hour - GC 6:45 Entertainment Featuring EJ Glaser -TH</p>	<p>14 10:00 Sabbath Service - TH 10:15 News and Brews - GC 10:50 On This Day in History - GC 11:15 Tai Chi Exercise - TH 1:30 How It's Made Lecture: Hammers, Swiss Cheese, Roller Blades, and Colored Pencils - TH 2:15 Table Games: Uno - GL 3:00 Bingo - 2AR 4:00 Happy Hour - GC 6:45 Featured Film: Max- TH</p>	
<p>15 10:00 Communion - TH 10:30 Catholic Mass Live Stream - TH 10:50 On This Day in History - GC 11:15 Music Trivia: Remembering Irish Songs - 2AR 1:30 Musical Matinee: Flower Drum Song -TH 1:30 Color and Chat - GC 2:15 Richard Simmons Blast Off! Workout - 2AR 3:00 Place Your Bet Horseracing - 2AR 4:00 Happy Hour - GC 6:45 Entertainment Featuring Cheri Evans - TH</p>	<p>16 9:30 News & Brews - GC 9:30 General Municipal Voting - 2AR 10:15 Sunrise Stretch Exercise - GC 10:50 Christian Worship Service & Communion - TH 10:50 On This Day in History - GC 11:15 Hand Bell Choir - 3AR 1:30 Movie Matinee: Tammy and the Doctor -TH 1:30 Jewelry Making - 3AR 2:00 Word Game: Name Anything - 2AR 2:30 Fitness with Jason - 2AR 3:15 Music Trivia: Name That Tune - 2AR 3:15 Table Games: Kings in the Corner -GC 4:00 Happy Hour - GC 6:45 Art Lecture: Paul Gauguin -TH</p>	<p>17 St. Patrick's Day 9:30 News & Brews - GC 10:15 Fitness with Charlie - TH 10:50 On This Day in History - TH 11:15 The Music of Richard Wagner: The Escape from Dresden, Exile, and Essays - TH 11:15 St. Patrick's Day Rhyme Time - GC 11:45 Catholic Communion Service -2AR 1:30 Movie Matinee: The Best of Riverdance - TH 1:30 Create Paper Animals - 3AR 2:00 Cooking Corner: Leperchaun Fluff - 2AR 2:30 Famous Irish Folks: Who Am I? - 2AR 3:00 Let's Discuss: Remembering the Luck of the Irish - 2AR 3:15 Table Games: 99 or Bust - GC 4:00 McKnight Singers St. Patrick's Day Concert at Happy Hour- GC 6:45 The Great Performances: Celtic Thunder- TH</p>	<p>18 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:30 Lunch at Helen Fitzgerald's (RSVP) 10:50 On This Day in History - GC 11:15 Jeopardy - TH 11:15 Rosary - 2AR 1:30 St. Louis Opera Theater Presents: Carmen - TH 1:30 Relax and De-stress: Experiment with Watercolors - 3 AR 3:00 Bible Study - TH 3:00 Table Games: Phase 10 The Card Game -GC 4:00 Happy Hour and Melodies with Mike - GC 6:45 Entertainment Featuring Lamar Pilsing -TH</p>	<p>19 First Day of Spring 9:30 News & Brews - GC 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:30 Book Discussion of the Month: "Transcription" by Kate Atkinson - CR 10:50 On This Day - GC 11:15 Giant Crossword Puzzles - GC 11:15 Pen Pals Letter Writing to JCC - 2AR 12:00 Men's Club Luncheon - CR 1:30 Bridge Club -2AR 1:30 Optimizing Brain Fitness Lecture: Care and Feeding of the Brain - TH 2:15 Short Story Discussion: The Lost Letter - GL 3:00 Art Class: Create Decorative Ceramic Plates - 3AR 3:15 Chair Line Dancing -TH 4:00 Happy Hour - GC 6:45 Back Massages with Cheri Evans - EGR 6:45 Comedy Hour: The Andy Griffith Show - TH</p>	<p>20 9:30 News & Brews - GC 10:15 Pilates & Balance Class - TH 10:50 On This Day in History - TH 11:15 McKnight Singers Choir - 3AR 1:15 Movie Matinee: Marley and Me: The Puppy Years -TH 1:30 Woven Paintings - 3AR 2:00 Table Games: Left, Right, Center - GC 2:00 Men's Club March Madness Check-In with Eli - GL 3:00 Ladder Golf - BR 3:00 Politics with Terry Jones - TH 4:00 March Birthday Celebration Happy Hour and Serenade with Samantha and Richard - GC 6:45 Entertainment Featuring George and Joan Hinds - GLR</p>	<p>21 10:00 Sabbath Service -TH 10:15 News and Brews -GC 10:50 On This Day in History -GC 11:15 Tai Chi Exercise -TH 1:30 TED Talks Lecture: The Power of Introverts and Inside the Mind of a Master Procrastinator - TH 1:30 Color & Chat - GC 2:15 Bird Aviary Discussion - 3BA 3:00 Bingo - 2AR 4:00 Happy Hour - GC 6:45 Featured Film: The Age of Adeline -TH</p>	
<p>22 10:00 Communion - TH 10:30 Catholic Mass Live Stream - TH 10:50 On This Day in History - GC 11:15 Puzzle Challenge- GC 1:30 Musical Matinee: The Gang's All Here - TH 1:30 Color and Chat - GC 2:15 Passport to Wellness Exercise - 2AR 3:00 Who Am I? Famous March Birthdays - 2AR 4:00 Happy Hour - GC 6:45 Entertainment Featuring Chad Evans -TH</p>	<p>23 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 Christian Worship Service & Communion - TH 10:50 On This Day in History - GC 11:15 "Just Let it Be" Discussion with Trish Forbes - 2AR 1:30 Movie Matinee: Houseboat -TH 1:30 Jewelry Making - 3AR 2:00 Bowling - BR 2:30 Fitness with Jason - 2AR 3:15 Table Games: Scattegories - GC 3:15 You Be the Judge: Court Case Discussions - 2AR 4:00 Happy Hour- GC 6:45 Art Lecture: Henri Matisse - TH</p>	<p>24 9:30 News & Brews - GC 10:15 Fitness with Charlie - TH 10:50 On This Day in History - TH 11:15 The Music of Richard Wagner: <i>Tristan and Isolde</i>, Part 1 - TH 1:30 Create Paper Animals - 3AR 1:30 Travelogue with Steve Galati - TH 2:30 What Am I?: Mystery Thing - 2AR 3:00 Table Games: Dominoes - 2AR 3:00 French Facts and Trivia - GL 4:00 Happy Hour - GC 6:45 The Great Performances: Peter, Paul, and Mary - TH</p>	<p>25 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 On This Day in History - GC 11:15 Wheel of Fortune -TH 12:00 In House Fish Fry (RSVP) -2AR 1:30 Classic Movie Matinee: Country Girl -TH 1:30 Relax and De-stress: Experiment with Watercolors - 3AR 2:00 Let's Discuss: Star of the Month— David Niven -2AR 2:00 Table Games: Canasta -GC 3:00 Random Trivia - 2AR 3:30 Rosary - TH 4:00 Happy Hour and Melodies with Mike - GC 6:45 Entertainment Featuring Sweet Blue Soul -TH</p>	<p>26 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 On This Day - GC 11:15 Vitality Ballet Class - TH 1:30 Optimizing Brain Fitness Lecture: Creativity and the Playful Brain - TH 1:30 Bridge Club - 2AR 2:15 Barney Bradshaw Presents "The Birth of Impressionism" - TH 3:15 Art Class: Create Decorative Ceramic Plates - 3AR 3:15 Let's Learn: The Anniversary of Beethoven's Death - TH 4:00 Happy Hour - GC 6:45 Casino Night - 2AR</p>	<p>27 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 On This Day in History - TH 11:15 McKnight Singers Choir - 3AR 12:00 In-House Fish Fry - 2AR 1:30 Movie Matinee: Mame -TH 1:30 Woven Paintings - 3AR 2:00 Cornhole - BR 2:00 International Joe Day Quiz - 2AR 3:00 Men's Club March Madness Check-In with Eli - GL 3:00 Table Games: Scrabble - GL 4:00 Happy Hour - GC 6:45 Entertainment Featuring Boyd Kasten - GLR</p>	<p>28 10:00 Sabbath Service - TH 10:15 News and Brews - GC 10:50 On This Day in History - GC 11:15 Tai Chi Exercise - TH 1:30 How It's Made Lecture: Thermometers, Produce Scales, Aircraft Painting, and Luxury Chocolates - TH 1:30 Color & Chat - GC 2:15 Table Games: Left, Right, Center - GC 3:00 Bingo - 2AR 4:00 Happy Hour - GC 6:45 Featured Film: Zookeeper -TH</p>	
<p>29 10:00 Communion - TH 10:30 Catholic Mass Live Stream - TH 10:50 On This Day in History - GC 11:15 Giant Crossword Puzzles - GC 1:30 Musical Matinee: For Me and My Gal- TH 1:30 Color and Chat - GC 2:15 Heart and Soul Seated Fitness Class - 2AR 3:00 National Coca-Cola Day Trivia and Taste Test - 2AR 4:00 Happy Hour - GC 6:45 Entertainment Featuring Harmony -TH</p>	<p>30 9:30 News & Brews - GC 10:15 Sunrise Stretch Exercise - GC 10:50 Christian Worship Service & Communion - TH 10:50 On This Day in History - GC 11:00 Irish Dancing by Holy Infant Catholic School Children - GL 1:30 Movie Matinee: That Funny Feeling -TH 1:30 Jewelry Making - 3AR 2:00 Cooking Corner: Chocolate Chip Cookies - 2AR 3:00 Table Games: 99 or Bust - 2AR 3:00 Who Am I? Mystery Person - GL 4:00 Happy Hour- GC 6:45 Art Lecture: Leonardo da Vinci - TH</p>	<p>31 9:30 News & Brews - GC 10:15 Fitness with Charlie - TH 10:50 On This Day in History - TH 11:15 The Music of Richard Wagner: <i>Tristan and Isolde</i>, Part 2- TH 11:45 Catholic Communion Service -2AR 1:15 Resident Council Meeting - TH 1:30 Create Paper Animals - 3AR 2:00 Saint Louis Zoo Presents Zoo Busters -TH 3:15 Music Bingo - 2AR 3:15 Food for Thought: "Name" Brand Foods - GL 4:00 Happy Hour - GC 6:45 The Great Performances: Benny Goodman - TH</p>	<h1>MARCH 2020</h1>				<p style="text-align: center;">LOCATION KEY</p> <p>GC: GARDEN CAFÉ CR: CLUB ROOM GH: GREEN HOUSE EGR: ENGLISH GARDEN ROOM RI: RESIDENT LOUNGE 2AR: 2ND FLOOR ACTIVITY ROOM 3AR: 3RD FLOOR ART/MUSIC ROOM 3BA: 3RD FLOOR BIRD AVIARY GL: GRAND LOUNGE GLR: GRAND LIVING ROOM BR: BILLIARDS ROOM BOLD INDICATES AN OUTSIDE SPEAKER OR ENTERTAINER</p>

PLEASE NOTE, ACTIVITIES ARE SUBJECT TO CHANGE. PLEASE REFER TO THE DAILY SCHEDULE FOR UPDATES.